

# TRAINING Kopf-Rechnen

# AS L1.1

# AS L1.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 1-9E und 2,3,4E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$8 + 3 = \underline{\quad}$

$4 + \underline{\quad} = 7$

$\underline{\quad} + 4 = 7$

$11 - 3 = 3$

$1 + 3 = \underline{\quad}$

$8 + \underline{\quad} = 10$

$\underline{\quad} + 3 = 11$

$4 - 2 = 8$

$7 + 3 = \underline{\quad}$

$5 + \underline{\quad} = 8$

$\underline{\quad} + 3 = 8$

$10 - 3 = 5$

$9 + 2 = \underline{\quad}$

$6 + \underline{\quad} = 10$

$\underline{\quad} + 4 = 5$

$11 - 4 = 1$

$4 + 3 = \underline{\quad}$

$3 + \underline{\quad} = 5$

$\underline{\quad} + 3 = 12$

$7 - 2 = 9$

$3 + 3 = \underline{\quad}$

$1 + \underline{\quad} = 3$

$\underline{\quad} + 4 = 11$

$6 - 2 = 7$

$6 + 4 = \underline{\quad}$

$9 + \underline{\quad} = 12$

$\underline{\quad} + 2 = 6$

$10 - 3 = 4$

$5 + 2 = \underline{\quad}$

$2 + \underline{\quad} = 6$

$\underline{\quad} + 4 = 6$

$7 - 4 = 2$

## Subtraktion (minus)

$5 - 2 = \underline{\quad}$

$11 - 3 = \underline{\quad}$

$6 - 4 = \underline{\quad}$

$3 - 8 = 2$

$7 - 2 = \underline{\quad}$

$4 - 3 = \underline{\quad}$

$7 - 4 = \underline{\quad}$

$5 - 1 = 3$

$3 - 2 = \underline{\quad}$

$7 - 3 = \underline{\quad}$

$9 - 4 = \underline{\quad}$

$1 - 4 = 5$

$9 - 2 = \underline{\quad}$

$12 - 3 = \underline{\quad}$

$8 - 4 = \underline{\quad}$

$7 - 9 = 4$

$11 - 2 = \underline{\quad}$

$5 - 3 = \underline{\quad}$

$11 - 4 = \underline{\quad}$

$9 - 2 = 7$

$4 - 2 = \underline{\quad}$

$9 - 3 = \underline{\quad}$

$10 - 4 = \underline{\quad}$

$2 - 6 = 6$

$10 - 2 = \underline{\quad}$

$6 - 3 = \underline{\quad}$

$13 - 4 = \underline{\quad}$

$8 - 3 = 9$

$6 - 2 = \underline{\quad}$

$10 - 3 = \underline{\quad}$

$5 - 4 = \underline{\quad}$

$4 - 7 = 1$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L1.2

# AS L1.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 1-9E und 5,6,7E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$3 + 5 = \underline{\quad}$

$4 + 6 = \underline{\quad}$

$9 + 7 = \underline{\quad}$

$8 + 10 = 16$

$5 + 5 = \underline{\quad}$

$7 + 6 = \underline{\quad}$

$6 + 7 = \underline{\quad}$

$10 + 13 = 13$

$1 + 5 = \underline{\quad}$

$3 + 6 = \underline{\quad}$

$2 + 7 = \underline{\quad}$

$6 + 9 = 9$

$4 + 5 = \underline{\quad}$

$9 + 6 = \underline{\quad}$

$1 + 7 = \underline{\quad}$

$9 + 15 = 8$

$7 + 5 = \underline{\quad}$

$2 + 6 = \underline{\quad}$

$4 + 7 = \underline{\quad}$

$12 + 8 = 11$

$9 + 5 = \underline{\quad}$

$5 + 6 = \underline{\quad}$

$7 + 7 = \underline{\quad}$

$14 + 11 = 14$

$8 + 5 = \underline{\quad}$

$8 + 6 = \underline{\quad}$

$3 + 7 = \underline{\quad}$

$13 + 14 = 10$

$6 + 5 = \underline{\quad}$

$1 + 6 = \underline{\quad}$

$5 + 7 = \underline{\quad}$

$11 + 7 = 12$

## Subtraktion (minus)

$8 - 5 = \underline{\quad}$

$10 - 6 = \underline{\quad}$

$14 - 7 = \underline{\quad}$

$3 - 4 = 7$

$12 - 5 = \underline{\quad}$

$11 - 6 = \underline{\quad}$

$11 - 7 = \underline{\quad}$

$7 - 5 = 4$

$9 - 5 = \underline{\quad}$

$9 - 6 = \underline{\quad}$

$13 - 7 = \underline{\quad}$

$4 - 3 = 6$

$10 - 5 = \underline{\quad}$

$14 - 6 = \underline{\quad}$

$16 - 7 = \underline{\quad}$

$5 - 8 = 9$

$7 - 5 = \underline{\quad}$

$12 - 6 = \underline{\quad}$

$12 - 7 = \underline{\quad}$

$2 - 6 = 5$

$6 - 5 = \underline{\quad}$

$13 - 6 = \underline{\quad}$

$15 - 7 = \underline{\quad}$

$1 - 7 = 8$

$11 - 5 = \underline{\quad}$

$8 - 6 = \underline{\quad}$

$9 - 7 = \underline{\quad}$

$6 - 2 = 2$

$14 - 5 = \underline{\quad}$

$7 - 6 = \underline{\quad}$

$8 - 7 = \underline{\quad}$

$9 - 1 = 1$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L1.3

# AS L1.3

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 1-9E und 8,9,10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$6 + 8 = \underline{\quad}$

$5 + 9 = \underline{\quad}$

$6 + 10 = \underline{\quad}$

$14 + 14 = 16$

$1 + 8 = \underline{\quad}$

$7 + 9 = \underline{\quad}$

$7 + 10 = \underline{\quad}$

$9 + 16 = 17$

$3 + 8 = \underline{\quad}$

$3 + 9 = \underline{\quad}$

$5 + 10 = \underline{\quad}$

$11 + 12 = 15$

$5 + 8 = \underline{\quad}$

$8 + 9 = \underline{\quad}$

$9 + 10 = \underline{\quad}$

$13 + 17 = 19$

$7 + 8 = \underline{\quad}$

$1 + 9 = \underline{\quad}$

$1 + 10 = \underline{\quad}$

$15 + 10 = 11$

$8 + 8 = \underline{\quad}$

$9 + 9 = \underline{\quad}$

$4 + 10 = \underline{\quad}$

$16 + 18 = 14$

$9 + 8 = \underline{\quad}$

$2 + 9 = \underline{\quad}$

$8 + 10 = \underline{\quad}$

$17 + 11 = 18$

$4 + 8 = \underline{\quad}$

$6 + 9 = \underline{\quad}$

$3 + 10 = \underline{\quad}$

$12 + 15 = 13$

## Subtraktion (minus)

$17 - 8 = \underline{\quad}$

$18 - 9 = \underline{\quad}$

$16 - 10 = \underline{\quad}$

$9 - 9 = 6$

$12 - 8 = \underline{\quad}$

$17 - 9 = \underline{\quad}$

$14 - 10 = \underline{\quad}$

$4 - 8 = 4$

$15 - 8 = \underline{\quad}$

$13 - 9 = \underline{\quad}$

$19 - 10 = \underline{\quad}$

$7 - 4 = 9$

$11 - 8 = \underline{\quad}$

$12 - 9 = \underline{\quad}$

$13 - 10 = \underline{\quad}$

$3 - 3 = 3$

$16 - 8 = \underline{\quad}$

$11 - 9 = \underline{\quad}$

$12 - 10 = \underline{\quad}$

$8 - 2 = 2$

$13 - 8 = \underline{\quad}$

$14 - 9 = \underline{\quad}$

$15 - 10 = \underline{\quad}$

$5 - 5 = 5$

$10 - 8 = \underline{\quad}$

$10 - 9 = \underline{\quad}$

$11 - 10 = \underline{\quad}$

$2 - 1 = 1$

$9 - 8 = \underline{\quad}$

$16 - 9 = \underline{\quad}$

$17 - 10 = \underline{\quad}$

$1 - 7 = 7$

Übe jeden Tag 10 Minuten:

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# TRAINING Kopf-Rechnen

# AS L1.4

# AS L1.4

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 11-19E und 2,3,4E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$19 + 2 = \underline{\quad}$

$17 + 3 = \underline{\quad}$

$18 + 4 = \underline{\quad}$

$21 \quad 20 \quad 22$

$14 + 2 = \underline{\quad}$

$14 + 3 = \underline{\quad}$

$13 + 4 = \underline{\quad}$

$16 \quad 17 \quad 17$

$17 + 2 = \underline{\quad}$

$11 + 3 = \underline{\quad}$

$11 + 4 = \underline{\quad}$

$19 \quad 14 \quad 15$

$13 + 2 = \underline{\quad}$

$19 + 3 = \underline{\quad}$

$16 + 4 = \underline{\quad}$

$15 \quad 22 \quad 20$

$11 + 2 = \underline{\quad}$

$18 + 3 = \underline{\quad}$

$17 + 4 = \underline{\quad}$

$13 \quad 21 \quad 21$

$18 + 2 = \underline{\quad}$

$12 + 3 = \underline{\quad}$

$15 + 4 = \underline{\quad}$

$20 \quad 15 \quad 19$

$15 + 2 = \underline{\quad}$

$16 + 3 = \underline{\quad}$

$12 + 4 = \underline{\quad}$

$17 \quad 19 \quad 16$

$12 + 2 = \underline{\quad}$

$13 + 3 = \underline{\quad}$

$14 + 4 = \underline{\quad}$

$14 \quad 16 \quad 18$

## Subtraktion (minus)

$21 - 2 = \underline{\quad}$

$21 - 3 = \underline{\quad}$

$23 - 4 = \underline{\quad}$

$19 \quad 18 \quad 19$

$20 - 2 = \underline{\quad}$

$20 - 3 = \underline{\quad}$

$15 - 4 = \underline{\quad}$

$18 \quad 17 \quad 11$

$13 - 2 = \underline{\quad}$

$15 - 3 = \underline{\quad}$

$20 - 4 = \underline{\quad}$

$11 \quad 12 \quad 16$

$14 - 2 = \underline{\quad}$

$17 - 3 = \underline{\quad}$

$19 - 4 = \underline{\quad}$

$12 \quad 14 \quad 15$

$17 - 2 = \underline{\quad}$

$18 - 3 = \underline{\quad}$

$17 - 4 = \underline{\quad}$

$15 \quad 15 \quad 13$

$15 - 2 = \underline{\quad}$

$16 - 3 = \underline{\quad}$

$18 - 4 = \underline{\quad}$

$13 \quad 13 \quad 14$

$19 - 2 = \underline{\quad}$

$14 - 3 = \underline{\quad}$

$16 - 4 = \underline{\quad}$

$17 \quad 11 \quad 12$

$18 - 2 = \underline{\quad}$

$19 - 3 = \underline{\quad}$

$22 - 4 = \underline{\quad}$

$16 \quad 16 \quad 18$

Übe jeden Tag 10 Minuten:

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# TRAINING Kopf-Rechnen

# AS L1.5

# AS L1.5

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 11-19E und 5,6,7E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$18 + 5 = \underline{\quad}$

$16 + 6 = \underline{\quad}$

$18 + 7 = \underline{\quad}$

$23 \quad 22 \quad 25$

$11 + 5 = \underline{\quad}$

$19 + 6 = \underline{\quad}$

$15 + 7 = \underline{\quad}$

$16 \quad 25 \quad 22$

$17 + 5 = \underline{\quad}$

$14 + 6 = \underline{\quad}$

$12 + 7 = \underline{\quad}$

$22 \quad 20 \quad 19$

$14 + 5 = \underline{\quad}$

$11 + 6 = \underline{\quad}$

$11 + 7 = \underline{\quad}$

$19 \quad 17 \quad 18$

$16 + 5 = \underline{\quad}$

$15 + 6 = \underline{\quad}$

$16 + 7 = \underline{\quad}$

$21 \quad 21 \quad 23$

$15 + 5 = \underline{\quad}$

$18 + 6 = \underline{\quad}$

$17 + 7 = \underline{\quad}$

$20 \quad 24 \quad 24$

$12 + 5 = \underline{\quad}$

$13 + 6 = \underline{\quad}$

$14 + 7 = \underline{\quad}$

$17 \quad 19 \quad 21$

$19 + 5 = \underline{\quad}$

$17 + 6 = \underline{\quad}$

$13 + 7 = \underline{\quad}$

$24 \quad 23 \quad 20$

## Subtraktion (minus)

$23 - 5 = \underline{\quad}$

$17 - 6 = \underline{\quad}$

$20 - 7 = \underline{\quad}$

$18 \quad 11 \quad 13$

$16 - 5 = \underline{\quad}$

$23 - 6 = \underline{\quad}$

$26 - 7 = \underline{\quad}$

$11 \quad 17 \quad 19$

$18 - 5 = \underline{\quad}$

$25 - 6 = \underline{\quad}$

$19 - 7 = \underline{\quad}$

$13 \quad 19 \quad 12$

$24 - 5 = \underline{\quad}$

$19 - 6 = \underline{\quad}$

$22 - 7 = \underline{\quad}$

$19 \quad 13 \quad 15$

$20 - 5 = \underline{\quad}$

$20 - 6 = \underline{\quad}$

$24 - 7 = \underline{\quad}$

$15 \quad 14 \quad 17$

$21 - 5 = \underline{\quad}$

$21 - 6 = \underline{\quad}$

$21 - 7 = \underline{\quad}$

$16 \quad 15 \quad 14$

$22 - 5 = \underline{\quad}$

$24 - 6 = \underline{\quad}$

$25 - 7 = \underline{\quad}$

$17 \quad 18 \quad 18$

$19 - 5 = \underline{\quad}$

$22 - 6 = \underline{\quad}$

$18 - 7 = \underline{\quad}$

$14 \quad 16 \quad 11$

Übe jeden Tag 10 Minuten:

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# TRAINING Kopf-Rechnen

# AS L1.6

# AS L1.6

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 11-19E und 8,9,10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$12 + 8 = \underline{\quad}$

$11 + 9 = \underline{\quad}$

$16 + 10 = \underline{\quad}$

$20 + 20 = 26$

$17 + 8 = \underline{\quad}$

$19 + 9 = \underline{\quad}$

$17 + 10 = \underline{\quad}$

$25 + 28 = 27$

$14 + 8 = \underline{\quad}$

$16 + 9 = \underline{\quad}$

$15 + 10 = \underline{\quad}$

$22 + 25 = 25$

$16 + 8 = \underline{\quad}$

$12 + 9 = \underline{\quad}$

$18 + 10 = \underline{\quad}$

$24 + 21 = 28$

$13 + 8 = \underline{\quad}$

$18 + 9 = \underline{\quad}$

$11 + 10 = \underline{\quad}$

$21 + 27 = 21$

$18 + 8 = \underline{\quad}$

$17 + 9 = \underline{\quad}$

$19 + 10 = \underline{\quad}$

$26 + 26 = 29$

$15 + 8 = \underline{\quad}$

$15 + 9 = \underline{\quad}$

$13 + 10 = \underline{\quad}$

$23 + 24 = 23$

$11 + 8 = \underline{\quad}$

$13 + 9 = \underline{\quad}$

$12 + 10 = \underline{\quad}$

$19 + 22 = 22$

## Subtraktion (minus)

$25 - 8 = \underline{\quad}$

$24 - 9 = \underline{\quad}$

$26 - 10 = \underline{\quad}$

$17 - 15 = 16$

$19 - 8 = \underline{\quad}$

$25 - 9 = \underline{\quad}$

$29 - 10 = \underline{\quad}$

$11 - 16 = 19$

$23 - 8 = \underline{\quad}$

$20 - 9 = \underline{\quad}$

$22 - 10 = \underline{\quad}$

$15 - 11 = 12$

$27 - 8 = \underline{\quad}$

$21 - 9 = \underline{\quad}$

$24 - 10 = \underline{\quad}$

$19 - 12 = 14$

$20 - 8 = \underline{\quad}$

$28 - 9 = \underline{\quad}$

$25 - 10 = \underline{\quad}$

$12 - 19 = 15$

$24 - 8 = \underline{\quad}$

$23 - 9 = \underline{\quad}$

$21 - 10 = \underline{\quad}$

$16 - 14 = 11$

$22 - 8 = \underline{\quad}$

$26 - 9 = \underline{\quad}$

$23 - 10 = \underline{\quad}$

$14 - 17 = 13$

$21 - 8 = \underline{\quad}$

$22 - 9 = \underline{\quad}$

$27 - 10 = \underline{\quad}$

$13 - 13 = 17$

Übe jeden Tag 10 Minuten:

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# TRAINING Kopf-Rechnen

# AS LAP1

# AS LAP1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 2-19E und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$10 + 6 = \underline{\quad}$

$5 + 4 = \underline{\quad}$

$5 + 10 = \underline{\quad}$

$16 \quad 9 \quad 15$

$8 + 7 = \underline{\quad}$

$17 + 8 = \underline{\quad}$

$18 + 5 = \underline{\quad}$

$15 \quad 25 \quad 23$

$6 + 6 = \underline{\quad}$

$9 + 4 = \underline{\quad}$

$8 + 5 = \underline{\quad}$

$12 \quad 13 \quad 13$

$16 + 8 = \underline{\quad}$

$16 + 8 = \underline{\quad}$

$12 + 3 = \underline{\quad}$

$24 \quad 24 \quad 15$

$14 + 10 = \underline{\quad}$

$15 + 2 = \underline{\quad}$

$15 + 4 = \underline{\quad}$

$24 \quad 17 \quad 19$

$12 + 6 = \underline{\quad}$

$4 + 10 = \underline{\quad}$

$11 + 9 = \underline{\quad}$

$18 \quad 14 \quad 20$

$3 + 2 = \underline{\quad}$

$3 + 9 = \underline{\quad}$

$4 + 7 = \underline{\quad}$

$5 \quad 12 \quad 11$

$7 + 8 = \underline{\quad}$

$11 + 5 = \underline{\quad}$

$7 + 4 = \underline{\quad}$

$15 \quad 16 \quad 11$

## Subtraktion (minus)

$11 - 2 = \underline{\quad}$

$14 - 3 = \underline{\quad}$

$10 - 7 = \underline{\quad}$

$9 \quad 11 \quad 3$

$5 - 3 = \underline{\quad}$

$6 - 4 = \underline{\quad}$

$21 - 7 = \underline{\quad}$

$2 \quad 2 \quad 14$

$20 - 5 = \underline{\quad}$

$24 - 5 = \underline{\quad}$

$27 - 8 = \underline{\quad}$

$15 \quad 19 \quad 19$

$13 - 5 = \underline{\quad}$

$19 - 3 = \underline{\quad}$

$22 - 6 = \underline{\quad}$

$8 \quad 16 \quad 16$

$8 - 2 = \underline{\quad}$

$11 - 6 = \underline{\quad}$

$9 - 3 = \underline{\quad}$

$6 \quad 5 \quad 6$

$22 - 4 = \underline{\quad}$

$18 - 9 = \underline{\quad}$

$7 - 5 = \underline{\quad}$

$18 \quad 9 \quad 2$

$22 - 5 = \underline{\quad}$

$24 - 7 = \underline{\quad}$

$13 - 6 = \underline{\quad}$

$17 \quad 17 \quad 7$

$8 - 3 = \underline{\quad}$

$10 - 7 = \underline{\quad}$

$17 - 8 = \underline{\quad}$

$5 \quad 3 \quad 9$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L2.1

# AS L2.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 21-29E und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$28 + 3 = \underline{\quad}$

$23 + 4 = \underline{\quad}$

$24 + 10 = \underline{\quad}$

$31 \quad 27 \quad 34$

$25 + 3 = \underline{\quad}$

$24 + 4 = \underline{\quad}$

$22 + 5 = \underline{\quad}$

$28 \quad 28 \quad 27$

$21 + 3 = \underline{\quad}$

$28 + 5 = \underline{\quad}$

$27 + 6 = \underline{\quad}$

$24 \quad 33 \quad 33$

$26 + 8 = \underline{\quad}$

$25 + 6 = \underline{\quad}$

$28 + 4 = \underline{\quad}$

$34 \quad 31 \quad 32$

$29 + 5 = \underline{\quad}$

$27 + 8 = \underline{\quad}$

$21 + 9 = \underline{\quad}$

$34 \quad 35 \quad 30$

$23 + 8 = \underline{\quad}$

$26 + 10 = \underline{\quad}$

$26 + 6 = \underline{\quad}$

$31 \quad 36 \quad 32$

$22 + 7 = \underline{\quad}$

$29 + 6 = \underline{\quad}$

$25 + 4 = \underline{\quad}$

$29 \quad 35 \quad 29$

$27 + 4 = \underline{\quad}$

$21 + 7 = \underline{\quad}$

$23 + 3 = \underline{\quad}$

$31 \quad 28 \quad 26$

## Subtraktion (minus)

$36 - 7 = \underline{\quad}$

$37 - 9 = \underline{\quad}$

$28 - 5 = \underline{\quad}$

$29 \quad 28 \quad 23$

$30 - 9 = \underline{\quad}$

$30 - 7 = \underline{\quad}$

$37 - 10 = \underline{\quad}$

$21 \quad 23 \quad 27$

$35 - 8 = \underline{\quad}$

$32 - 6 = \underline{\quad}$

$30 - 4 = \underline{\quad}$

$27 \quad 26 \quad 26$

$27 - 3 = \underline{\quad}$

$27 - 6 = \underline{\quad}$

$30 - 8 = \underline{\quad}$

$24 \quad 21 \quad 22$

$35 - 9 = \underline{\quad}$

$36 - 9 = \underline{\quad}$

$34 - 9 = \underline{\quad}$

$26 \quad 27 \quad 25$

$25 - 3 = \underline{\quad}$

$27 - 2 = \underline{\quad}$

$31 - 2 = \underline{\quad}$

$22 \quad 25 \quad 29$

$32 - 7 = \underline{\quad}$

$35 - 6 = \underline{\quad}$

$34 - 10 = \underline{\quad}$

$25 \quad 29 \quad 24$

$31 - 8 = \underline{\quad}$

$27 - 5 = \underline{\quad}$

$29 - 8 = \underline{\quad}$

$23 \quad 22 \quad 21$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L2.2

# AS L2.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 31-39E und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$34 + 3 = \underline{\quad}$

$32 + 8 = \underline{\quad}$

$34 + 2 = \underline{\quad}$

$37 \quad 40 \quad 36$

$37 + 8 = \underline{\quad}$

$33 + 10 = \underline{\quad}$

$33 + 4 = \underline{\quad}$

$45 \quad 43 \quad 37$

$36 + 7 = \underline{\quad}$

$35 + 3 = \underline{\quad}$

$36 + 3 = \underline{\quad}$

$43 \quad 38 \quad 39$

$35 + 5 = \underline{\quad}$

$38 + 3 = \underline{\quad}$

$32 + 4 = \underline{\quad}$

$40 \quad 41 \quad 36$

$33 + 6 = \underline{\quad}$

$31 + 4 = \underline{\quad}$

$35 + 5 = \underline{\quad}$

$39 \quad 35 \quad 40$

$32 + 4 = \underline{\quad}$

$36 + 4 = \underline{\quad}$

$39 + 6 = \underline{\quad}$

$36 \quad 40 \quad 45$

$31 + 9 = \underline{\quad}$

$34 + 10 = \underline{\quad}$

$38 + 7 = \underline{\quad}$

$40 \quad 44 \quad 45$

$38 + 7 = \underline{\quad}$

$39 + 4 = \underline{\quad}$

$31 + 5 = \underline{\quad}$

$45 \quad 43 \quad 36$

## Subtraktion (minus)

$39 - 8 = \underline{\quad}$

$41 - 6 = \underline{\quad}$

$41 - 3 = \underline{\quad}$

$31 \quad 35 \quad 38$

$46 - 8 = \underline{\quad}$

$46 - 9 = \underline{\quad}$

$48 - 9 = \underline{\quad}$

$38 \quad 37 \quad 39$

$42 - 9 = \underline{\quad}$

$39 - 8 = \underline{\quad}$

$35 - 3 = \underline{\quad}$

$33 \quad 31 \quad 32$

$38 - 4 = \underline{\quad}$

$38 - 5 = \underline{\quad}$

$41 - 10 = \underline{\quad}$

$34 \quad 33 \quad 31$

$35 - 3 = \underline{\quad}$

$38 - 4 = \underline{\quad}$

$45 - 9 = \underline{\quad}$

$32 \quad 34 \quad 36$

$48 - 9 = \underline{\quad}$

$38 - 6 = \underline{\quad}$

$44 - 7 = \underline{\quad}$

$39 \quad 32 \quad 37$

$43 - 8 = \underline{\quad}$

$45 - 9 = \underline{\quad}$

$40 - 6 = \underline{\quad}$

$35 \quad 36 \quad 34$

$43 - 6 = \underline{\quad}$

$48 - 9 = \underline{\quad}$

$42 - 7 = \underline{\quad}$

$37 \quad 39 \quad 35$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L2.3

# AS L2.3

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 51-59E und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$53 + 9 = \underline{\quad}$

$51 + 4 = \underline{\quad}$

$54 + 6 = \underline{\quad}$

62 55 60

$54 + 4 = \underline{\quad}$

$57 + 4 = \underline{\quad}$

$52 + 4 = \underline{\quad}$

58 61 56

$51 + 8 = \underline{\quad}$

$53 + 8 = \underline{\quad}$

$56 + 10 = \underline{\quad}$

59 61 66

$58 + 2 = \underline{\quad}$

$55 + 8 = \underline{\quad}$

$53 + 5 = \underline{\quad}$

60 63 58

$57 + 3 = \underline{\quad}$

$56 + 10 = \underline{\quad}$

$59 + 9 = \underline{\quad}$

60 66 68

$55 + 3 = \underline{\quad}$

$52 + 10 = \underline{\quad}$

$51 + 5 = \underline{\quad}$

58 62 56

$56 + 3 = \underline{\quad}$

$54 + 4 = \underline{\quad}$

$55 + 8 = \underline{\quad}$

59 58 63

$59 + 9 = \underline{\quad}$

$58 + 7 = \underline{\quad}$

$58 + 8 = \underline{\quad}$

68 65 66

## Subtraktion (minus)

$64 - 7 = \underline{\quad}$

$62 - 9 = \underline{\quad}$

$65 - 6 = \underline{\quad}$

57 53 59

$54 - 2 = \underline{\quad}$

$62 - 3 = \underline{\quad}$

$58 - 3 = \underline{\quad}$

52 59 55

$63 - 7 = \underline{\quad}$

$60 - 4 = \underline{\quad}$

$62 - 8 = \underline{\quad}$

56 56 54

$63 - 4 = \underline{\quad}$

$63 - 8 = \underline{\quad}$

$57 - 4 = \underline{\quad}$

59 55 53

$53 - 2 = \underline{\quad}$

$60 - 2 = \underline{\quad}$

$54 - 2 = \underline{\quad}$

51 58 52

$63 - 8 = \underline{\quad}$

$62 - 8 = \underline{\quad}$

$61 - 4 = \underline{\quad}$

55 54 57

$68 - 10 = \underline{\quad}$

$55 - 4 = \underline{\quad}$

$60 - 9 = \underline{\quad}$

58 51 51

$59 - 6 = \underline{\quad}$

$64 - 7 = \underline{\quad}$

$61 - 3 = \underline{\quad}$

53 57 58

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L2.4

# AS L2.4

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 91-99E und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$94 + 7 = \underline{\quad}$

$97 + 8 = \underline{\quad}$

$95 + 2 = \underline{\quad}$

$101 \quad 105 \quad 97$

$96 + 7 = \underline{\quad}$

$96 + 3 = \underline{\quad}$

$91 + 10 = \underline{\quad}$

$103 \quad 99 \quad 101$

$92 + 9 = \underline{\quad}$

$94 + 9 = \underline{\quad}$

$93 + 3 = \underline{\quad}$

$101 \quad 103 \quad 96$

$91 + 9 = \underline{\quad}$

$98 + 2 = \underline{\quad}$

$92 + 3 = \underline{\quad}$

$100 \quad 100 \quad 95$

$93 + 7 = \underline{\quad}$

$95 + 8 = \underline{\quad}$

$96 + 5 = \underline{\quad}$

$100 \quad 103 \quad 101$

$97 + 3 = \underline{\quad}$

$92 + 9 = \underline{\quad}$

$98 + 10 = \underline{\quad}$

$100 \quad 101 \quad 108$

$98 + 6 = \underline{\quad}$

$93 + 9 = \underline{\quad}$

$97 + 4 = \underline{\quad}$

$104 \quad 102 \quad 101$

$95 + 6 = \underline{\quad}$

$99 + 9 = \underline{\quad}$

$99 + 9 = \underline{\quad}$

$101 \quad 108 \quad 108$

## Subtraktion (minus)

$101 - 4 = \underline{\quad}$

$103 - 4 = \underline{\quad}$

$103 - 7 = \underline{\quad}$

$97 \quad 99 \quad 96$

$97 - 6 = \underline{\quad}$

$105 - 7 = \underline{\quad}$

$103 - 6 = \underline{\quad}$

$91 \quad 98 \quad 97$

$101 - 7 = \underline{\quad}$

$103 - 9 = \underline{\quad}$

$95 - 3 = \underline{\quad}$

$94 \quad 94 \quad 92$

$100 - 7 = \underline{\quad}$

$98 - 7 = \underline{\quad}$

$102 - 8 = \underline{\quad}$

$93 \quad 91 \quad 94$

$101 - 5 = \underline{\quad}$

$96 - 4 = \underline{\quad}$

$99 - 6 = \underline{\quad}$

$96 \quad 92 \quad 93$

$100 - 8 = \underline{\quad}$

$106 - 9 = \underline{\quad}$

$99 - 8 = \underline{\quad}$

$92 \quad 97 \quad 91$

$102 - 7 = \underline{\quad}$

$97 - 2 = \underline{\quad}$

$104 - 5 = \underline{\quad}$

$95 \quad 95 \quad 99$

$102 - 3 = \underline{\quad}$

$101 - 8 = \underline{\quad}$

$101 - 6 = \underline{\quad}$

$99 \quad 93 \quad 95$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS LAP2

# AS LAP2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 81-99E und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$97 + 8 = \underline{\quad}$

$84 + 9 = \underline{\quad}$

$93 + 3 = \underline{\quad}$

$105 \quad 93 \quad 96$

$87 + 4 = \underline{\quad}$

$89 + 7 = \underline{\quad}$

$96 + 3 = \underline{\quad}$

$91 \quad 96 \quad 99$

$92 + 2 = \underline{\quad}$

$94 + 4 = \underline{\quad}$

$90 + 10 = \underline{\quad}$

$94 \quad 98 \quad 100$

$99 + 10 = \underline{\quad}$

$97 + 7 = \underline{\quad}$

$88 + 9 = \underline{\quad}$

$109 \quad 104 \quad 97$

$98 + 7 = \underline{\quad}$

$96 + 2 = \underline{\quad}$

$89 + 5 = \underline{\quad}$

$105 \quad 98 \quad 94$

$88 + 5 = \underline{\quad}$

$92 + 8 = \underline{\quad}$

$92 + 10 = \underline{\quad}$

$93 \quad 100 \quad 102$

$82 + 10 = \underline{\quad}$

$86 + 7 = \underline{\quad}$

$99 + 8 = \underline{\quad}$

$92 \quad 93 \quad 107$

$94 + 5 = \underline{\quad}$

$82 + 4 = \underline{\quad}$

$97 + 2 = \underline{\quad}$

$99 \quad 86 \quad 99$

## Subtraktion (minus)

$90 - 6 = \underline{\quad}$

$103 - 10 = \underline{\quad}$

$92 - 7 = \underline{\quad}$

$84 \quad 93 \quad 85$

$92 - 4 = \underline{\quad}$

$98 - 9 = \underline{\quad}$

$106 - 9 = \underline{\quad}$

$88 \quad 89 \quad 97$

$92 - 10 = \underline{\quad}$

$95 - 9 = \underline{\quad}$

$93 - 10 = \underline{\quad}$

$82 \quad 86 \quad 83$

$99 - 4 = \underline{\quad}$

$99 - 9 = \underline{\quad}$

$93 - 4 = \underline{\quad}$

$95 \quad 90 \quad 89$

$97 - 5 = \underline{\quad}$

$89 - 6 = \underline{\quad}$

$96 - 4 = \underline{\quad}$

$92 \quad 83 \quad 92$

$101 - 4 = \underline{\quad}$

$101 - 6 = \underline{\quad}$

$97 - 6 = \underline{\quad}$

$97 \quad 95 \quad 91$

$98 - 4 = \underline{\quad}$

$92 - 5 = \underline{\quad}$

$94 - 4 = \underline{\quad}$

$94 \quad 87 \quad 90$

$96 - 7 = \underline{\quad}$

$88 - 6 = \underline{\quad}$

$104 - 8 = \underline{\quad}$

$89 \quad 82 \quad 96$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L3.1

# AS L3.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 31-39Z und 2-10Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$340 + 30 = \underline{\quad}$

$360 + 40 = \underline{\quad}$

$340 + 50 = \underline{\quad}$

$370 \quad 400 \quad 390$

$330 + 70 = \underline{\quad}$

$330 + 30 = \underline{\quad}$

$390 + 40 = \underline{\quad}$

$400 \quad 360 \quad 430$

$370 + 70 = \underline{\quad}$

$390 + 90 = \underline{\quad}$

$320 + 100 = \underline{\quad}$

$440 \quad 480 \quad 420$

$320 + 90 = \underline{\quad}$

$350 + 30 = \underline{\quad}$

$360 + 50 = \underline{\quad}$

$410 \quad 380 \quad 410$

$350 + 60 = \underline{\quad}$

$320 + 50 = \underline{\quad}$

$380 + 70 = \underline{\quad}$

$410 \quad 370 \quad 450$

$390 + 60 = \underline{\quad}$

$380 + 80 = \underline{\quad}$

$350 + 60 = \underline{\quad}$

$450 \quad 460 \quad 410$

$380 + 20 = \underline{\quad}$

$370 + 20 = \underline{\quad}$

$310 + 30 = \underline{\quad}$

$400 \quad 390 \quad 340$

$360 + 80 = \underline{\quad}$

$310 + 80 = \underline{\quad}$

$370 + 80 = \underline{\quad}$

$440 \quad 390 \quad 450$

## Subtraktion (minus)

$450 - 80 = \underline{\quad}$

$390 - 60 = \underline{\quad}$

$460 - 80 = \underline{\quad}$

$370 \quad 330 \quad 380$

$440 - 80 = \underline{\quad}$

$380 - 60 = \underline{\quad}$

$390 - 50 = \underline{\quad}$

$360 \quad 320 \quad 340$

$460 - 80 = \underline{\quad}$

$440 - 90 = \underline{\quad}$

$390 - 80 = \underline{\quad}$

$380 \quad 350 \quad 310$

$360 - 30 = \underline{\quad}$

$410 - 40 = \underline{\quad}$

$350 - 30 = \underline{\quad}$

$330 \quad 370 \quad 320$

$410 - 70 = \underline{\quad}$

$390 - 50 = \underline{\quad}$

$440 - 90 = \underline{\quad}$

$340 \quad 340 \quad 350$

$370 - 60 = \underline{\quad}$

$390 - 30 = \underline{\quad}$

$440 - 50 = \underline{\quad}$

$310 \quad 360 \quad 390$

$400 - 50 = \underline{\quad}$

$360 - 50 = \underline{\quad}$

$390 - 60 = \underline{\quad}$

$350 \quad 310 \quad 330$

$480 - 90 = \underline{\quad}$

$470 - 80 = \underline{\quad}$

$400 - 40 = \underline{\quad}$

$390 \quad 390 \quad 360$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L3.2

# AS L3.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 51-59Z und 2-10Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$590 + 50 = \underline{\quad}$

$550 + 100 = \underline{\quad}$

$550 + 80 = \underline{\quad}$

$640 \quad 650 \quad 630$

$560 + 80 = \underline{\quad}$

$580 + 30 = \underline{\quad}$

$510 + 70 = \underline{\quad}$

$640 \quad 610 \quad 580$

$540 + 50 = \underline{\quad}$

$510 + 90 = \underline{\quad}$

$590 + 80 = \underline{\quad}$

$590 \quad 600 \quad 670$

$550 + 30 = \underline{\quad}$

$590 + 40 = \underline{\quad}$

$580 + 60 = \underline{\quad}$

$580 \quad 630 \quad 640$

$530 + 100 = \underline{\quad}$

$520 + 70 = \underline{\quad}$

$530 + 70 = \underline{\quad}$

$630 \quad 590 \quad 600$

$520 + 90 = \underline{\quad}$

$560 + 40 = \underline{\quad}$

$560 + 90 = \underline{\quad}$

$610 \quad 600 \quad 650$

$580 + 60 = \underline{\quad}$

$570 + 70 = \underline{\quad}$

$520 + 60 = \underline{\quad}$

$640 \quad 640 \quad 580$

$570 + 40 = \underline{\quad}$

$540 + 40 = \underline{\quad}$

$570 + 60 = \underline{\quad}$

$610 \quad 580 \quad 630$

## Subtraktion (minus)

$610 - 30 = \underline{\quad}$

$620 - 50 = \underline{\quad}$

$630 - 80 = \underline{\quad}$

$580 \quad 570 \quad 550$

$630 - 40 = \underline{\quad}$

$670 - 80 = \underline{\quad}$

$650 - 60 = \underline{\quad}$

$590 \quad 590 \quad 590$

$590 - 70 = \underline{\quad}$

$570 - 60 = \underline{\quad}$

$650 - 70 = \underline{\quad}$

$520 \quad 510 \quad 580$

$600 - 70 = \underline{\quad}$

$610 - 30 = \underline{\quad}$

$600 - 40 = \underline{\quad}$

$530 \quad 580 \quad 560$

$630 - 60 = \underline{\quad}$

$610 - 80 = \underline{\quad}$

$610 - 70 = \underline{\quad}$

$570 \quad 530 \quad 540$

$610 - 100 = \underline{\quad}$

$610 - 90 = \underline{\quad}$

$610 - 40 = \underline{\quad}$

$510 \quad 520 \quad 570$

$640 - 80 = \underline{\quad}$

$630 - 90 = \underline{\quad}$

$560 - 40 = \underline{\quad}$

$560 \quad 540 \quad 520$

$630 - 80 = \underline{\quad}$

$600 - 40 = \underline{\quad}$

$590 - 60 = \underline{\quad}$

$550 \quad 560 \quad 530$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L3.3

# AS L3.3

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 91-99Z und 2-10Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$980 + 50 = \underline{\quad}$

$970 + 50 = \underline{\quad}$

$970 + 80 = \underline{\quad}$

$1030 \quad 1020 \quad 1050$

$940 + 100 = \underline{\quad}$

$980 + 30 = \underline{\quad}$

$930 + 30 = \underline{\quad}$

$1040 \quad 1010 \quad 960$

$970 + 80 = \underline{\quad}$

$920 + 20 = \underline{\quad}$

$980 + 20 = \underline{\quad}$

$1050 \quad 940 \quad 1000$

$960 + 90 = \underline{\quad}$

$950 + 90 = \underline{\quad}$

$940 + 90 = \underline{\quad}$

$1050 \quad 1040 \quad 1030$

$990 + 80 = \underline{\quad}$

$910 + 20 = \underline{\quad}$

$920 + 40 = \underline{\quad}$

$1070 \quad 930 \quad 960$

$910 + 70 = \underline{\quad}$

$930 + 50 = \underline{\quad}$

$910 + 30 = \underline{\quad}$

$980 \quad 980 \quad 940$

$950 + 70 = \underline{\quad}$

$990 + 30 = \underline{\quad}$

$950 + 100 = \underline{\quad}$

$1020 \quad 1020 \quad 1050$

$920 + 30 = \underline{\quad}$

$960 + 80 = \underline{\quad}$

$990 + 40 = \underline{\quad}$

$950 \quad 1040 \quad 1030$

## Subtraktion (minus)

$1010 - 80 = \underline{\quad}$

$1020 - 30 = \underline{\quad}$

$1020 - 30 = \underline{\quad}$

$930 \quad 990 \quad 990$

$990 - 40 = \underline{\quad}$

$1000 - 90 = \underline{\quad}$

$1050 - 70 = \underline{\quad}$

$950 \quad 910 \quad 980$

$1050 - 60 = \underline{\quad}$

$1040 - 60 = \underline{\quad}$

$990 - 50 = \underline{\quad}$

$990 \quad 980 \quad 940$

$950 - 30 = \underline{\quad}$

$1000 - 50 = \underline{\quad}$

$1000 - 40 = \underline{\quad}$

$920 \quad 950 \quad 960$

$940 - 30 = \underline{\quad}$

$980 - 50 = \underline{\quad}$

$1010 - 60 = \underline{\quad}$

$910 \quad 930 \quad 950$

$1010 - 30 = \underline{\quad}$

$1010 - 40 = \underline{\quad}$

$970 - 60 = \underline{\quad}$

$980 \quad 970 \quad 910$

$1020 - 60 = \underline{\quad}$

$950 - 30 = \underline{\quad}$

$1010 - 80 = \underline{\quad}$

$960 \quad 920 \quad 930$

$1020 - 50 = \underline{\quad}$

$1030 - 90 = \underline{\quad}$

$1020 - 50 = \underline{\quad}$

$970 \quad 940 \quad 970$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS LAP3

# AS LAP3

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 81-99Z und 2-10Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$970 + 60 = \underline{\quad}$

$940 + 60 = \underline{\quad}$

$900 + 70 = \underline{\quad}$

$1030 \quad 1000 \quad 970$

$900 + 60 = \underline{\quad}$

$830 + 90 = \underline{\quad}$

$860 + 80 = \underline{\quad}$

$960 \quad 920 \quad 940$

$990 + 30 = \underline{\quad}$

$960 + 40 = \underline{\quad}$

$880 + 60 = \underline{\quad}$

$1020 \quad 1000 \quad 940$

$810 + 40 = \underline{\quad}$

$810 + 100 = \underline{\quad}$

$870 + 30 = \underline{\quad}$

$850 \quad 910 \quad 900$

$920 + 30 = \underline{\quad}$

$980 + 80 = \underline{\quad}$

$930 + 20 = \underline{\quad}$

$950 \quad 1060 \quad 950$

$960 + 20 = \underline{\quad}$

$990 + 30 = \underline{\quad}$

$820 + 50 = \underline{\quad}$

$980 \quad 1020 \quad 870$

$840 + 50 = \underline{\quad}$

$950 + 70 = \underline{\quad}$

$920 + 30 = \underline{\quad}$

$890 \quad 1020 \quad 950$

$950 + 90 = \underline{\quad}$

$840 + 40 = \underline{\quad}$

$810 + 40 = \underline{\quad}$

$1040 \quad 880 \quad 850$

## Subtraktion (minus)

$840 - 20 = \underline{\quad}$

$950 - 50 = \underline{\quad}$

$960 - 90 = \underline{\quad}$

$820 \quad 900 \quad 870$

$1060 - 70 = \underline{\quad}$

$870 - 40 = \underline{\quad}$

$950 - 40 = \underline{\quad}$

$990 \quad 830 \quad 910$

$1010 - 30 = \underline{\quad}$

$910 - 20 = \underline{\quad}$

$1020 - 90 = \underline{\quad}$

$980 \quad 890 \quad 930$

$940 - 80 = \underline{\quad}$

$1010 - 80 = \underline{\quad}$

$1020 - 40 = \underline{\quad}$

$860 \quad 930 \quad 980$

$920 - 30 = \underline{\quad}$

$920 - 80 = \underline{\quad}$

$970 - 50 = \underline{\quad}$

$890 \quad 840 \quad 920$

$940 - 60 = \underline{\quad}$

$1040 - 60 = \underline{\quad}$

$910 - 70 = \underline{\quad}$

$880 \quad 980 \quad 840$

$940 - 40 = \underline{\quad}$

$920 - 100 = \underline{\quad}$

$910 - 80 = \underline{\quad}$

$900 \quad 820 \quad 830$

$980 - 20 = \underline{\quad}$

$990 - 80 = \underline{\quad}$

$910 - 60 = \underline{\quad}$

$960 \quad 910 \quad 850$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L4.1

# AS L4.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 181-199Z und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

Addition (plus)

$196 + 30 = \underline{\quad}$

$191 + 80 = \underline{\quad}$

$189 + 40 = \underline{\quad}$

$226 \quad 271 \quad 229$

$185 + 50 = \underline{\quad}$

$194 + 30 = \underline{\quad}$

$194 + 80 = \underline{\quad}$

$235 \quad 224 \quad 274$

$184 + 70 = \underline{\quad}$

$198 + 90 = \underline{\quad}$

$186 + 60 = \underline{\quad}$

$254 \quad 288 \quad 246$

$195 + 70 = \underline{\quad}$

$192 + 30 = \underline{\quad}$

$198 + 70 = \underline{\quad}$

$265 \quad 222 \quad 268$

$186 + 90 = \underline{\quad}$

$197 + 90 = \underline{\quad}$

$196 + 70 = \underline{\quad}$

$276 \quad 287 \quad 266$

$189 + 40 = \underline{\quad}$

$195 + 30 = \underline{\quad}$

$181 + 40 = \underline{\quad}$

$229 \quad 225 \quad 221$

$198 + 90 = \underline{\quad}$

$182 + 60 = \underline{\quad}$

$185 + 100 = \underline{\quad}$

$288 \quad 242 \quad 285$

$190 + 70 = \underline{\quad}$

$190 + 90 = \underline{\quad}$

$190 + 70 = \underline{\quad}$

$260 \quad 280 \quad 260$

$197 + 70 = \underline{\quad}$

$193 + 60 = \underline{\quad}$

$199 + 20 = \underline{\quad}$

$267 \quad 253 \quad 219$

$193 + 60 = \underline{\quad}$

$188 + 50 = \underline{\quad}$

$182 + 60 = \underline{\quad}$

$253 \quad 238 \quad 242$

Subtraktion (minus)

$259 - 60 = \underline{\quad}$

$279 - 80 = \underline{\quad}$

$230 - 40 = \underline{\quad}$

$199 \quad 199 \quad 190$

$233 - 50 = \underline{\quad}$

$277 - 90 = \underline{\quad}$

$232 - 50 = \underline{\quad}$

$183 \quad 187 \quad 182$

$214 - 30 = \underline{\quad}$

$231 - 50 = \underline{\quad}$

$273 - 90 = \underline{\quad}$

$184 \quad 181 \quad 183$

$223 - 30 = \underline{\quad}$

$227 - 30 = \underline{\quad}$

$239 - 40 = \underline{\quad}$

$193 \quad 197 \quad 199$

$225 - 40 = \underline{\quad}$

$286 - 90 = \underline{\quad}$

$237 - 40 = \underline{\quad}$

$185 \quad 196 \quad 197$

$278 - 80 = \underline{\quad}$

$234 - 40 = \underline{\quad}$

$275 - 80 = \underline{\quad}$

$198 \quad 194 \quad 195$

$232 - 50 = \underline{\quad}$

$235 - 50 = \underline{\quad}$

$255 - 70 = \underline{\quad}$

$182 \quad 185 \quad 185$

$282 - 90 = \underline{\quad}$

$245 - 50 = \underline{\quad}$

$281 - 90 = \underline{\quad}$

$192 \quad 195 \quad 191$

$247 - 60 = \underline{\quad}$

$228 - 40 = \underline{\quad}$

$256 - 60 = \underline{\quad}$

$187 \quad 188 \quad 196$

$230 - 40 = \underline{\quad}$

$273 - 80 = \underline{\quad}$

$264 - 80 = \underline{\quad}$

$190 \quad 193 \quad 184$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L4.2

# AS L4.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 351-459Z und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$385 + 90 = \underline{\quad}$

$377 + 80 = \underline{\quad}$

$398 + 70 = \underline{\quad}$

$475 \quad 457 \quad 468$

$379 + 20 = \underline{\quad}$

$371 + 50 = \underline{\quad}$

$374 + 50 = \underline{\quad}$

$399 \quad 421 \quad 424$

$352 + 70 = \underline{\quad}$

$364 + 40 = \underline{\quad}$

$436 + 80 = \underline{\quad}$

$422 \quad 404 \quad 516$

$371 + 90 = \underline{\quad}$

$439 + 70 = \underline{\quad}$

$383 + 60 = \underline{\quad}$

$461 \quad 509 \quad 443$

$440 + 70 = \underline{\quad}$

$435 + 40 = \underline{\quad}$

$381 + 20 = \underline{\quad}$

$510 \quad 475 \quad 401$

$364 + 50 = \underline{\quad}$

$409 + 60 = \underline{\quad}$

$373 + 90 = \underline{\quad}$

$414 \quad 469 \quad 463$

$409 + 40 = \underline{\quad}$

$389 + 70 = \underline{\quad}$

$403 + 50 = \underline{\quad}$

$449 \quad 459 \quad 453$

$411 + 80 = \underline{\quad}$

$438 + 50 = \underline{\quad}$

$392 + 80 = \underline{\quad}$

$491 \quad 488 \quad 472$

$363 + 100 = \underline{\quad}$

$437 + 70 = \underline{\quad}$

$429 + 80 = \underline{\quad}$

$463 \quad 507 \quad 509$

$380 + 30 = \underline{\quad}$

$429 + 70 = \underline{\quad}$

$357 + 70 = \underline{\quad}$

$410 \quad 499 \quad 427$

## Subtraktion (minus)

$505 - 80 = \underline{\quad}$

$419 - 60 = \underline{\quad}$

$459 - 50 = \underline{\quad}$

$425 \quad 359 \quad 409$

$508 - 90 = \underline{\quad}$

$489 - 40 = \underline{\quad}$

$470 - 80 = \underline{\quad}$

$418 \quad 449 \quad 390$

$518 - 70 = \underline{\quad}$

$407 - 30 = \underline{\quad}$

$537 - 80 = \underline{\quad}$

$448 \quad 377 \quad 457$

$494 - 60 = \underline{\quad}$

$425 - 50 = \underline{\quad}$

$511 - 70 = \underline{\quad}$

$434 \quad 375 \quad 441$

$414 - 40 = \underline{\quad}$

$486 - 30 = \underline{\quad}$

$411 - 20 = \underline{\quad}$

$374 \quad 456 \quad 391$

$439 - 70 = \underline{\quad}$

$505 - 90 = \underline{\quad}$

$507 - 60 = \underline{\quad}$

$369 \quad 415 \quad 447$

$416 - 60 = \underline{\quad}$

$483 - 90 = \underline{\quad}$

$471 - 50 = \underline{\quad}$

$356 \quad 393 \quad 421$

$459 - 100 = \underline{\quad}$

$415 - 20 = \underline{\quad}$

$472 - 90 = \underline{\quad}$

$359 \quad 395 \quad 382$

$450 - 80 = \underline{\quad}$

$468 - 30 = \underline{\quad}$

$427 - 30 = \underline{\quad}$

$370 \quad 438 \quad 397$

$503 - 70 = \underline{\quad}$

$391 - 20 = \underline{\quad}$

$460 - 80 = \underline{\quad}$

$433 \quad 371 \quad 380$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS LAP4

# AS LAP4

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 681-899Z und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$783 + 90 = \underline{\quad}$

$789 + 80 = \underline{\quad}$

$799 + 100 = \underline{\quad}$

$873 + 869 = 899$

$835 + 40 = \underline{\quad}$

$787 + 50 = \underline{\quad}$

$835 + 70 = \underline{\quad}$

$875 + 837 = 905$

$871 + 50 = \underline{\quad}$

$696 + 50 = \underline{\quad}$

$782 + 20 = \underline{\quad}$

$921 + 746 = 802$

$775 + 40 = \underline{\quad}$

$862 + 30 = \underline{\quad}$

$706 + 90 = \underline{\quad}$

$815 + 892 = 796$

$794 + 30 = \underline{\quad}$

$781 + 40 = \underline{\quad}$

$750 + 20 = \underline{\quad}$

$824 + 821 = 770$

$712 + 60 = \underline{\quad}$

$794 + 80 = \underline{\quad}$

$769 + 60 = \underline{\quad}$

$772 + 874 = 829$

$686 + 80 = \underline{\quad}$

$775 + 80 = \underline{\quad}$

$794 + 50 = \underline{\quad}$

$766 + 855 = 844$

$855 + 30 = \underline{\quad}$

$813 + 50 = \underline{\quad}$

$846 + 90 = \underline{\quad}$

$885 + 863 = 936$

$720 + 60 = \underline{\quad}$

$850 + 60 = \underline{\quad}$

$735 + 100 = \underline{\quad}$

$780 + 910 = 835$

$706 + 50 = \underline{\quad}$

$880 + 40 = \underline{\quad}$

$751 + 60 = \underline{\quad}$

$756 + 920 = 811$

## Subtraktion (minus)

$889 - 100 = \underline{\quad}$

$947 - 90 = \underline{\quad}$

$820 - 90 = \underline{\quad}$

$789 + 857 = 730$

$982 - 90 = \underline{\quad}$

$793 - 40 = \underline{\quad}$

$902 - 100 = \underline{\quad}$

$892 + 753 = 802$

$880 - 40 = \underline{\quad}$

$800 - 30 = \underline{\quad}$

$960 - 80 = \underline{\quad}$

$840 + 770 = 880$

$960 - 90 = \underline{\quad}$

$853 - 30 = \underline{\quad}$

$910 - 70 = \underline{\quad}$

$870 + 823 = 840$

$802 - 40 = \underline{\quad}$

$749 - 30 = \underline{\quad}$

$915 - 60 = \underline{\quad}$

$762 + 719 = 855$

$850 - 50 = \underline{\quad}$

$952 - 100 = \underline{\quad}$

$843 - 60 = \underline{\quad}$

$800 + 852 = 783$

$866 - 50 = \underline{\quad}$

$840 - 30 = \underline{\quad}$

$846 - 50 = \underline{\quad}$

$816 + 810 = 796$

$835 - 30 = \underline{\quad}$

$890 - 50 = \underline{\quad}$

$801 - 100 = \underline{\quad}$

$805 + 840 = 701$

$806 - 40 = \underline{\quad}$

$808 - 60 = \underline{\quad}$

$844 - 90 = \underline{\quad}$

$766 + 748 = 754$

$850 - 90 = \underline{\quad}$

$864 - 70 = \underline{\quad}$

$806 - 80 = \underline{\quad}$

$760 + 794 = 726$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L5.1

# AS L5.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 90-99Z und 2-10Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$920 + 30 = \underline{\quad}$

$990 + 100 = \underline{\quad}$

$970 + 60 = \underline{\quad}$

$950 \quad 1090 \quad 1030$

$990 + 60 = \underline{\quad}$

$940 + 50 = \underline{\quad}$

$920 + 50 = \underline{\quad}$

$1050 \quad 990 \quad 970$

$950 + 70 = \underline{\quad}$

$900 + 20 = \underline{\quad}$

$910 + 60 = \underline{\quad}$

$1020 \quad 920 \quad 970$

$960 + 20 = \underline{\quad}$

$970 + 60 = \underline{\quad}$

$990 + 90 = \underline{\quad}$

$980 \quad 1030 \quad 1080$

$910 + 20 = \underline{\quad}$

$910 + 60 = \underline{\quad}$

$940 + 30 = \underline{\quad}$

$930 \quad 970 \quad 970$

$900 + 40 = \underline{\quad}$

$930 + 90 = \underline{\quad}$

$960 + 80 = \underline{\quad}$

$940 \quad 1020 \quad 1040$

$940 + 40 = \underline{\quad}$

$960 + 70 = \underline{\quad}$

$950 + 20 = \underline{\quad}$

$980 \quad 1030 \quad 970$

$930 + 60 = \underline{\quad}$

$980 + 20 = \underline{\quad}$

$900 + 30 = \underline{\quad}$

$990 \quad 1000 \quad 930$

$980 + 60 = \underline{\quad}$

$950 + 90 = \underline{\quad}$

$930 + 80 = \underline{\quad}$

$1040 \quad 1040 \quad 1010$

$970 + 100 = \underline{\quad}$

$920 + 40 = \underline{\quad}$

$980 + 70 = \underline{\quad}$

$1070 \quad 960 \quad 1050$

## Subtraktion (minus)

$1000 - 70 = \underline{\quad}$

$980 - 50 = \underline{\quad}$

$1000 - 80 = \underline{\quad}$

$930 \quad 930 \quad 920$

$980 - 70 = \underline{\quad}$

$920 - 20 = \underline{\quad}$

$930 - 30 = \underline{\quad}$

$910 \quad 900 \quad 900$

$1020 - 80 = \underline{\quad}$

$1010 - 40 = \underline{\quad}$

$1010 - 30 = \underline{\quad}$

$940 \quad 970 \quad 980$

$930 - 30 = \underline{\quad}$

$1010 - 100 = \underline{\quad}$

$1000 - 90 = \underline{\quad}$

$900 \quad 910 \quad 910$

$1010 - 50 = \underline{\quad}$

$1070 - 80 = \underline{\quad}$

$1010 - 50 = \underline{\quad}$

$960 \quad 990 \quad 960$

$1010 - 60 = \underline{\quad}$

$970 - 50 = \underline{\quad}$

$1030 - 90 = \underline{\quad}$

$950 \quad 920 \quad 940$

$1060 - 70 = \underline{\quad}$

$1020 - 70 = \underline{\quad}$

$980 - 30 = \underline{\quad}$

$990 \quad 950 \quad 950$

$1030 - 50 = \underline{\quad}$

$970 - 30 = \underline{\quad}$

$1060 - 70 = \underline{\quad}$

$980 \quad 940 \quad 990$

$950 - 30 = \underline{\quad}$

$1010 - 30 = \underline{\quad}$

$980 - 50 = \underline{\quad}$

$920 \quad 980 \quad 930$

$1020 - 50 = \underline{\quad}$

$1030 - 70 = \underline{\quad}$

$1020 - 50 = \underline{\quad}$

$970 \quad 960 \quad 970$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS L5.2

# AS L5.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 961-999Z und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

Addition (plus)

$977 + 60 = \underline{\quad}$

$988 + 70 = \underline{\quad}$

$986 + 80 = \underline{\quad}$

$1037 \quad 1058 \quad 1066$

$962 + 50 = \underline{\quad}$

$965 + 60 = \underline{\quad}$

$974 + 70 = \underline{\quad}$

$1012 \quad 1025 \quad 1044$

$969 + 70 = \underline{\quad}$

$987 + 90 = \underline{\quad}$

$983 + 90 = \underline{\quad}$

$1039 \quad 1077 \quad 1073$

$968 + 100 = \underline{\quad}$

$993 + 40 = \underline{\quad}$

$977 + 70 = \underline{\quad}$

$1068 \quad 1033 \quad 1047$

$988 + 20 = \underline{\quad}$

$968 + 100 = \underline{\quad}$

$964 + 70 = \underline{\quad}$

$1008 \quad 1068 \quad 1034$

$974 + 60 = \underline{\quad}$

$971 + 50 = \underline{\quad}$

$978 + 40 = \underline{\quad}$

$1034 \quad 1021 \quad 1018$

$976 + 50 = \underline{\quad}$

$979 + 40 = \underline{\quad}$

$968 + 40 = \underline{\quad}$

$1026 \quad 1019 \quad 1008$

$963 + 30 = \underline{\quad}$

$973 + 50 = \underline{\quad}$

$992 + 30 = \underline{\quad}$

$993 \quad 1023 \quad 1022$

$984 + 20 = \underline{\quad}$

$989 + 90 = \underline{\quad}$

$982 + 20 = \underline{\quad}$

$1004 \quad 1079 \quad 1002$

$980 + 40 = \underline{\quad}$

$983 + 30 = \underline{\quad}$

$996 + 20 = \underline{\quad}$

$1020 \quad 1013 \quad 1016$

Subtraktion (minus)

$1038 - 70 = \underline{\quad}$

$1056 - 60 = \underline{\quad}$

$1037 - 50 = \underline{\quad}$

$968 \quad 996 \quad 987$

$1059 - 90 = \underline{\quad}$

$1053 - 60 = \underline{\quad}$

$1054 - 60 = \underline{\quad}$

$969 \quad 993 \quad 994$

$1070 - 80 = \underline{\quad}$

$1010 - 30 = \underline{\quad}$

$1028 - 50 = \underline{\quad}$

$990 \quad 980 \quad 978$

$999 - 20 = \underline{\quad}$

$1001 - 20 = \underline{\quad}$

$1005 - 40 = \underline{\quad}$

$979 \quad 981 \quad 965$

$997 - 30 = \underline{\quad}$

$1088 - 90 = \underline{\quad}$

$1058 - 70 = \underline{\quad}$

$967 \quad 998 \quad 988$

$993 - 30 = \underline{\quad}$

$1065 - 100 = \underline{\quad}$

$1008 - 40 = \underline{\quad}$

$963 \quad 965 \quad 968$

$1003 - 30 = \underline{\quad}$

$1078 - 100 = \underline{\quad}$

$1003 - 30 = \underline{\quad}$

$973 \quad 978 \quad 973$

$1087 - 90 = \underline{\quad}$

$1044 - 50 = \underline{\quad}$

$1019 - 30 = \underline{\quad}$

$997 \quad 994 \quad 989$

$1059 - 60 = \underline{\quad}$

$1036 - 50 = \underline{\quad}$

$1071 - 90 = \underline{\quad}$

$999 \quad 986 \quad 981$

$1026 - 60 = \underline{\quad}$

$1014 - 30 = \underline{\quad}$

$1027 - 60 = \underline{\quad}$

$966 \quad 984 \quad 967$

Übe jeden Tag 10 Minuten:

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# TRAINING Kopf-Rechnen

# AS LAP5

# AS LAP5

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 961-999Z und 2-10E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$962 + 50 = \underline{\quad}$

$994 + 30 = \underline{\quad}$

$977 + 50 = \underline{\quad}$

$1012 \quad 1024 \quad 1027$

$986 + 40 = \underline{\quad}$

$988 + 60 = \underline{\quad}$

$963 + 60 = \underline{\quad}$

$1026 \quad 1048 \quad 1023$

$964 + 60 = \underline{\quad}$

$962 + 90 = \underline{\quad}$

$984 + 70 = \underline{\quad}$

$1024 \quad 1052 \quad 1054$

$980 + 60 = \underline{\quad}$

$986 + 60 = \underline{\quad}$

$965 + 100 = \underline{\quad}$

$1040 \quad 1046 \quad 1065$

$992 + 40 = \underline{\quad}$

$970 + 30 = \underline{\quad}$

$993 + 50 = \underline{\quad}$

$1032 \quad 1000 \quad 1043$

$990 + 30 = \underline{\quad}$

$992 + 40 = \underline{\quad}$

$991 + 20 = \underline{\quad}$

$1020 \quad 1032 \quad 1011$

$989 + 40 = \underline{\quad}$

$967 + 70 = \underline{\quad}$

$985 + 90 = \underline{\quad}$

$1029 \quad 1037 \quad 1075$

$981 + 70 = \underline{\quad}$

$966 + 70 = \underline{\quad}$

$970 + 50 = \underline{\quad}$

$1051 \quad 1036 \quad 1020$

$961 + 20 = \underline{\quad}$

$976 + 90 = \underline{\quad}$

$987 + 70 = \underline{\quad}$

$981 \quad 1066 \quad 1057$

$970 + 50 = \underline{\quad}$

$961 + 90 = \underline{\quad}$

$964 + 70 = \underline{\quad}$

$1020 \quad 1051 \quad 1034$

## Subtraktion (minus)

$1064 - 100 = \underline{\quad}$

$1076 - 100 = \underline{\quad}$

$1060 - 80 = \underline{\quad}$

$964 \quad 976 \quad 980$

$1007 - 30 = \underline{\quad}$

$1034 - 50 = \underline{\quad}$

$1017 - 40 = \underline{\quad}$

$977 \quad 984 \quad 977$

$1040 - 60 = \underline{\quad}$

$1075 - 80 = \underline{\quad}$

$1036 - 70 = \underline{\quad}$

$980 \quad 995 \quad 966$

$1032 - 70 = \underline{\quad}$

$1067 - 70 = \underline{\quad}$

$1079 - 90 = \underline{\quad}$

$962 \quad 997 \quad 989$

$1016 - 40 = \underline{\quad}$

$1052 - 90 = \underline{\quad}$

$1012 - 50 = \underline{\quad}$

$976 \quad 962 \quad 962$

$1038 - 40 = \underline{\quad}$

$1007 - 40 = \underline{\quad}$

$1004 - 20 = \underline{\quad}$

$998 \quad 967 \quad 984$

$1099 - 100 = \underline{\quad}$

$1043 - 80 = \underline{\quad}$

$998 - 20 = \underline{\quad}$

$999 \quad 963 \quad 978$

$1055 - 70 = \underline{\quad}$

$999 - 30 = \underline{\quad}$

$1066 - 90 = \underline{\quad}$

$985 \quad 969 \quad 976$

$1022 - 50 = \underline{\quad}$

$1061 - 100 = \underline{\quad}$

$1035 - 50 = \underline{\quad}$

$972 \quad 961 \quad 985$

$1023 - 60 = \underline{\quad}$

$1069 - 70 = \underline{\quad}$

$1045 - 70 = \underline{\quad}$

$963 \quad 999 \quad 975$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F1.1

# AS F1.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 90-500Z und 2-10Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$3760 + 70 = \underline{\quad}$

$3700 + 60 = \underline{\quad}$

$1760 + 80 = \underline{\quad}$

$3830 \quad 3760 \quad 1840$

$1020 + 60 = \underline{\quad}$

$2070 + 50 = \underline{\quad}$

$3570 + 70 = \underline{\quad}$

$1080 \quad 2120 \quad 3640$

$4950 + 30 = \underline{\quad}$

$2510 + 90 = \underline{\quad}$

$3080 + 70 = \underline{\quad}$

$4980 \quad 2600 \quad 3150$

$2660 + 70 = \underline{\quad}$

$1980 + 90 = \underline{\quad}$

$4840 + 20 = \underline{\quad}$

$2730 \quad 2070 \quad 4860$

$3370 + 50 = \underline{\quad}$

$4390 + 70 = \underline{\quad}$

$2520 + 80 = \underline{\quad}$

$3420 \quad 4460 \quad 2600$

$2030 + 90 = \underline{\quad}$

$1040 + 70 = \underline{\quad}$

$1400 + 70 = \underline{\quad}$

$2120 \quad 1110 \quad 1470$

$3420 + 30 = \underline{\quad}$

$3310 + 60 = \underline{\quad}$

$2040 + 20 = \underline{\quad}$

$3450 \quad 3370 \quad 2060$

$3350 + 40 = \underline{\quad}$

$4130 + 20 = \underline{\quad}$

$2910 + 90 = \underline{\quad}$

$3390 \quad 4150 \quad 3000$

$1500 + 100 = \underline{\quad}$

$1120 + 30 = \underline{\quad}$

$4010 + 40 = \underline{\quad}$

$1600 \quad 1150 \quad 4050$

$3720 + 20 = \underline{\quad}$

$2250 + 30 = \underline{\quad}$

$2660 + 100 = \underline{\quad}$

$3740 \quad 2280 \quad 2760$

## Subtraktion (minus)

$1710 - 80 = \underline{\quad}$

$3400 - 30 = \underline{\quad}$

$4000 - 80 = \underline{\quad}$

$1630 \quad 3370 \quad 3920$

$2280 - 50 = \underline{\quad}$

$5040 - 50 = \underline{\quad}$

$1560 - 60 = \underline{\quad}$

$2230 \quad 4990 \quad 1500$

$3080 - 70 = \underline{\quad}$

$4170 - 40 = \underline{\quad}$

$4240 - 20 = \underline{\quad}$

$3010 \quad 4130 \quad 4220$

$4000 - 20 = \underline{\quad}$

$3730 - 50 = \underline{\quad}$

$4310 - 40 = \underline{\quad}$

$3980 \quad 3680 \quad 4270$

$3310 - 100 = \underline{\quad}$

$3630 - 30 = \underline{\quad}$

$3950 - 50 = \underline{\quad}$

$3210 \quad 3600 \quad 3900$

$4010 - 70 = \underline{\quad}$

$2810 - 30 = \underline{\quad}$

$2420 - 30 = \underline{\quad}$

$3940 \quad 2780 \quad 2390$

$4200 - 40 = \underline{\quad}$

$4080 - 50 = \underline{\quad}$

$4290 - 90 = \underline{\quad}$

$4160 \quad 4030 \quad 4200$

$3270 - 80 = \underline{\quad}$

$4690 - 40 = \underline{\quad}$

$1230 - 90 = \underline{\quad}$

$3190 \quad 4650 \quad 1140$

$2700 - 40 = \underline{\quad}$

$3890 - 70 = \underline{\quad}$

$3790 - 50 = \underline{\quad}$

$2660 \quad 3820 \quad 3740$

$3060 - 40 = \underline{\quad}$

$1970 - 20 = \underline{\quad}$

$1490 - 70 = \underline{\quad}$

$3020 \quad 1950 \quad 1420$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F1.2

# AS F1.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 81-100H und 2-10H addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$9400 + 900 = \underline{\quad}$

$8100 + 700 = \underline{\quad}$

$9500 + 400 = \underline{\quad}$

$10300 \quad 8800 \quad 9900$

$9700 + 800 = \underline{\quad}$

$9500 + 200 = \underline{\quad}$

$9400 + 500 = \underline{\quad}$

$10500 \quad 9700 \quad 9900$

$9500 + 300 = \underline{\quad}$

$8800 + 900 = \underline{\quad}$

$9200 + 700 = \underline{\quad}$

$9800 \quad 9700 \quad 9900$

$9200 + 500 = \underline{\quad}$

$9900 + 300 = \underline{\quad}$

$8300 + 500 = \underline{\quad}$

$9700 \quad 10200 \quad 8800$

$8700 + 800 = \underline{\quad}$

$9100 + 600 = \underline{\quad}$

$8900 + 300 = \underline{\quad}$

$9500 \quad 9700 \quad 9200$

$9600 + 500 = \underline{\quad}$

$8200 + 700 = \underline{\quad}$

$9600 + 800 = \underline{\quad}$

$10100 \quad 8900 \quad 10400$

$9000 + 600 = \underline{\quad}$

$10000 + 1000 = \underline{\quad}$

$9300 + 600 = \underline{\quad}$

$9600 \quad 11000 \quad 9900$

$8500 + 700 = \underline{\quad}$

$8300 + 600 = \underline{\quad}$

$8100 + 300 = \underline{\quad}$

$9200 \quad 8900 \quad 8400$

$8200 + 800 = \underline{\quad}$

$9700 + 800 = \underline{\quad}$

$8200 + 300 = \underline{\quad}$

$9000 \quad 10500 \quad 8500$

$9900 + 500 = \underline{\quad}$

$8700 + 900 = \underline{\quad}$

$9800 + 500 = \underline{\quad}$

$10400 \quad 9600 \quad 10300$

## Subtraktion (minus)

$10800 - 800 = \underline{\quad}$

$10300 - 400 = \underline{\quad}$

$10000 - 1000 = \underline{\quad}$

$10000 \quad 9900 \quad 9000$

$10400 - 900 = \underline{\quad}$

$9900 - 800 = \underline{\quad}$

$10900 - 900 = \underline{\quad}$

$9500 \quad 9100 \quad 10000$

$10200 - 800 = \underline{\quad}$

$8500 - 200 = \underline{\quad}$

$8900 - 800 = \underline{\quad}$

$9400 \quad 8300 \quad 8100$

$9400 - 800 = \underline{\quad}$

$8700 - 300 = \underline{\quad}$

$10200 - 600 = \underline{\quad}$

$8600 \quad 8400 \quad 9600$

$9800 - 600 = \underline{\quad}$

$9200 - 700 = \underline{\quad}$

$9700 - 800 = \underline{\quad}$

$9200 \quad 8500 \quad 8900$

$8700 - 400 = \underline{\quad}$

$10200 - 800 = \underline{\quad}$

$9200 - 1000 = \underline{\quad}$

$8300 \quad 9400 \quad 8200$

$9200 - 1000 = \underline{\quad}$

$9300 - 300 = \underline{\quad}$

$10200 - 400 = \underline{\quad}$

$8200 \quad 9000 \quad 9800$

$9400 - 700 = \underline{\quad}$

$10500 - 500 = \underline{\quad}$

$9600 - 200 = \underline{\quad}$

$8700 \quad 10000 \quad 9400$

$10300 - 700 = \underline{\quad}$

$8400 - 200 = \underline{\quad}$

$9500 - 900 = \underline{\quad}$

$9600 \quad 8200 \quad 8600$

$9300 - 900 = \underline{\quad}$

$8900 - 800 = \underline{\quad}$

$9100 - 300 = \underline{\quad}$

$8400 \quad 8100 \quad 8800$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS FAP1

# AS FAP1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 800-999Z-H und 2-10Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$9800 + 900 = \underline{\quad}$

$9230 + 700 = \underline{\quad}$

$8220 + 50 = \underline{\quad}$

$10700 \quad 9930 \quad 8270$

$9890 + 40 = \underline{\quad}$

$8300 + 300 = \underline{\quad}$

$8080 + 80 = \underline{\quad}$

$9930 \quad 8600 \quad 8160$

$8910 + 50 = \underline{\quad}$

$8810 + 60 = \underline{\quad}$

$8410 + 900 = \underline{\quad}$

$8960 \quad 8870 \quad 9310$

$9860 + 700 = \underline{\quad}$

$8980 + 90 = \underline{\quad}$

$8030 + 1000 = \underline{\quad}$

$10560 \quad 9070 \quad 9030$

$9330 + 70 = \underline{\quad}$

$8140 + 800 = \underline{\quad}$

$8160 + 60 = \underline{\quad}$

$9400 \quad 8940 \quad 8220$

$8850 + 20 = \underline{\quad}$

$8060 + 80 = \underline{\quad}$

$8170 + 80 = \underline{\quad}$

$8870 \quad 8140 \quad 8250$

$9880 + 400 = \underline{\quad}$

$9490 + 600 = \underline{\quad}$

$8860 + 60 = \underline{\quad}$

$10280 \quad 10090 \quad 8920$

$9900 + 40 = \underline{\quad}$

$9000 + 90 = \underline{\quad}$

$8980 + 70 = \underline{\quad}$

$9940 \quad 9090 \quad 9050$

$8860 + 800 = \underline{\quad}$

$8920 + 20 = \underline{\quad}$

$8910 + 40 = \underline{\quad}$

$9660 \quad 8940 \quad 8950$

$9740 + 70 = \underline{\quad}$

$8170 + 600 = \underline{\quad}$

$9640 + 90 = \underline{\quad}$

$9810 \quad 8770 \quad 9730$

## Subtraktion (minus)

$9090 - 900 = \underline{\quad}$

$10620 - 900 = \underline{\quad}$

$9380 - 60 = \underline{\quad}$

$8190 \quad 9720 \quad 9320$

$9330 - 400 = \underline{\quad}$

$9110 - 90 = \underline{\quad}$

$9550 - 900 = \underline{\quad}$

$8930 \quad 9020 \quad 8650$

$9100 - 50 = \underline{\quad}$

$9340 - 400 = \underline{\quad}$

$9310 - 300 = \underline{\quad}$

$9050 \quad 8940 \quad 9010$

$8100 - 60 = \underline{\quad}$

$9830 - 700 = \underline{\quad}$

$9940 - 700 = \underline{\quad}$

$8040 \quad 9130 \quad 9240$

$10790 - 900 = \underline{\quad}$

$8630 - 40 = \underline{\quad}$

$9600 - 50 = \underline{\quad}$

$9890 \quad 8590 \quad 9550$

$9320 - 40 = \underline{\quad}$

$9410 - 900 = \underline{\quad}$

$9680 - 700 = \underline{\quad}$

$9280 \quad 8510 \quad 8980$

$8220 - 60 = \underline{\quad}$

$8740 - 50 = \underline{\quad}$

$9990 - 500 = \underline{\quad}$

$8160 \quad 8690 \quad 9490$

$8920 - 200 = \underline{\quad}$

$9770 - 70 = \underline{\quad}$

$10010 - 80 = \underline{\quad}$

$8720 \quad 9700 \quad 9930$

$8600 - 300 = \underline{\quad}$

$10430 - 500 = \underline{\quad}$

$10460 - 900 = \underline{\quad}$

$8300 \quad 9930 \quad 9560$

$9180 - 30 = \underline{\quad}$

$9870 - 50 = \underline{\quad}$

$9770 - 500 = \underline{\quad}$

$9150 \quad 9820 \quad 9270$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F2.1

# AS F2.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 90-500E und 12-99E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$427 + 37 = \underline{\quad}$

$258 + 40 = \underline{\quad}$

$129 + 96 = \underline{\quad}$

$464 + 298 = 225$

$103 + 35 = \underline{\quad}$

$345 + 78 = \underline{\quad}$

$372 + 26 = \underline{\quad}$

$138 + 423 = 398$

$411 + 46 = \underline{\quad}$

$307 + 43 = \underline{\quad}$

$406 + 55 = \underline{\quad}$

$457 + 350 = 461$

$426 + 70 = \underline{\quad}$

$237 + 61 = \underline{\quad}$

$456 + 16 = \underline{\quad}$

$496 + 298 = 472$

$312 + 88 = \underline{\quad}$

$360 + 22 = \underline{\quad}$

$337 + 21 = \underline{\quad}$

$400 + 382 = 358$

$425 + 72 = \underline{\quad}$

$121 + 73 = \underline{\quad}$

$370 + 73 = \underline{\quad}$

$497 + 194 = 443$

$445 + 92 = \underline{\quad}$

$420 + 42 = \underline{\quad}$

$288 + 68 = \underline{\quad}$

$537 + 462 = 356$

$390 + 36 = \underline{\quad}$

$443 + 64 = \underline{\quad}$

$461 + 74 = \underline{\quad}$

$426 + 507 = 535$

$270 + 59 = \underline{\quad}$

$211 + 53 = \underline{\quad}$

$238 + 20 = \underline{\quad}$

$329 + 264 = 258$

$360 + 68 = \underline{\quad}$

$492 + 54 = \underline{\quad}$

$202 + 82 = \underline{\quad}$

$428 + 546 = 284$

## Subtraktion (minus)

$165 - 49 = \underline{\quad}$

$294 - 25 = \underline{\quad}$

$305 - 39 = \underline{\quad}$

$116 - 269 = 266$

$529 - 46 = \underline{\quad}$

$137 - 24 = \underline{\quad}$

$257 - 95 = \underline{\quad}$

$483 - 113 = 162$

$239 - 97 = \underline{\quad}$

$310 - 97 = \underline{\quad}$

$503 - 95 = \underline{\quad}$

$142 - 213 = 408$

$243 - 47 = \underline{\quad}$

$538 - 62 = \underline{\quad}$

$389 - 39 = \underline{\quad}$

$196 - 476 = 350$

$307 - 62 = \underline{\quad}$

$497 - 57 = \underline{\quad}$

$392 - 85 = \underline{\quad}$

$245 - 440 = 307$

$177 - 21 = \underline{\quad}$

$520 - 98 = \underline{\quad}$

$189 - 49 = \underline{\quad}$

$156 - 422 = 140$

$231 - 13 = \underline{\quad}$

$288 - 81 = \underline{\quad}$

$352 - 79 = \underline{\quad}$

$218 - 207 = 273$

$346 - 36 = \underline{\quad}$

$313 - 16 = \underline{\quad}$

$294 - 64 = \underline{\quad}$

$310 - 297 = 230$

$269 - 64 = \underline{\quad}$

$458 - 20 = \underline{\quad}$

$386 - 89 = \underline{\quad}$

$205 - 438 = 297$

$383 - 90 = \underline{\quad}$

$158 - 68 = \underline{\quad}$

$172 - 22 = \underline{\quad}$

$293 - 90 = 150$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F2.2

# AS F2.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 800-999Z und 12-99E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$921 + 370 = \underline{\quad}$

$994 + 860 = \underline{\quad}$

$980 + 830 = \underline{\quad}$

$1291 \quad 1854 \quad 1810$

$935 + 790 = \underline{\quad}$

$861 + 590 = \underline{\quad}$

$868 + 990 = \underline{\quad}$

$1725 \quad 1451 \quad 1858$

$983 + 540 = \underline{\quad}$

$933 + 760 = \underline{\quad}$

$939 + 610 = \underline{\quad}$

$1523 \quad 1693 \quad 1549$

$808 + 420 = \underline{\quad}$

$889 + 890 = \underline{\quad}$

$807 + 360 = \underline{\quad}$

$1228 \quad 1779 \quad 1167$

$911 + 220 = \underline{\quad}$

$938 + 770 = \underline{\quad}$

$894 + 750 = \underline{\quad}$

$1131 \quad 1708 \quad 1644$

$803 + 270 = \underline{\quad}$

$925 + 990 = \underline{\quad}$

$949 + 970 = \underline{\quad}$

$1073 \quad 1915 \quad 1919$

$877 + 810 = \underline{\quad}$

$904 + 660 = \underline{\quad}$

$873 + 240 = \underline{\quad}$

$1687 \quad 1564 \quad 1113$

$999 + 480 = \underline{\quad}$

$936 + 950 = \underline{\quad}$

$924 + 780 = \underline{\quad}$

$1479 \quad 1886 \quad 1704$

$908 + 710 = \underline{\quad}$

$968 + 340 = \underline{\quad}$

$843 + 760 = \underline{\quad}$

$1618 \quad 1308 \quad 1603$

$942 + 630 = \underline{\quad}$

$976 + 940 = \underline{\quad}$

$852 + 410 = \underline{\quad}$

$1572 \quad 1916 \quad 1262$

## Subtraktion (minus)

$1360 - 460 = \underline{\quad}$

$1347 - 400 = \underline{\quad}$

$1390 - 400 = \underline{\quad}$

$900 \quad 947 \quad 990$

$1290 - 320 = \underline{\quad}$

$1274 - 320 = \underline{\quad}$

$1764 - 890 = \underline{\quad}$

$970 \quad 954 \quad 874$

$1243 - 420 = \underline{\quad}$

$1299 - 480 = \underline{\quad}$

$1655 - 820 = \underline{\quad}$

$823 \quad 819 \quad 835$

$1505 - 640 = \underline{\quad}$

$1328 - 470 = \underline{\quad}$

$1291 - 390 = \underline{\quad}$

$865 \quad 858 \quad 901$

$1621 - 650 = \underline{\quad}$

$1638 - 660 = \underline{\quad}$

$1725 - 830 = \underline{\quad}$

$971 \quad 978 \quad 895$

$1708 - 860 = \underline{\quad}$

$1733 - 840 = \underline{\quad}$

$1742 - 920 = \underline{\quad}$

$848 \quad 893 \quad 822$

$1347 - 380 = \underline{\quad}$

$1606 - 650 = \underline{\quad}$

$1211 - 360 = \underline{\quad}$

$967 \quad 956 \quad 851$

$1143 - 190 = \underline{\quad}$

$1302 - 470 = \underline{\quad}$

$1324 - 400 = \underline{\quad}$

$953 \quad 832 \quad 924$

$1664 - 860 = \underline{\quad}$

$1103 - 160 = \underline{\quad}$

$1642 - 780 = \underline{\quad}$

$804 \quad 943 \quad 862$

$1690 - 780 = \underline{\quad}$

$1332 - 350 = \underline{\quad}$

$1217 - 350 = \underline{\quad}$

$910 \quad 982 \quad 867$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS FAP2

# AS FAP2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 681-899E-Z und 12-100Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$8460 + 330 = \underline{\quad}$

$7800 + 360 = \underline{\quad}$

$8270 + 570 = \underline{\quad}$

$8790 \quad 8160 \quad 8840$

$7680 + 840 = \underline{\quad}$

$8540 + 610 = \underline{\quad}$

$7080 + 98 = \underline{\quad}$

$8520 \quad 9150 \quad 7178$

$8070 + 540 = \underline{\quad}$

$7970 + 660 = \underline{\quad}$

$7170 + 130 = \underline{\quad}$

$8610 \quad 8630 \quad 7300$

$8220 + 260 = \underline{\quad}$

$7880 + 340 = \underline{\quad}$

$6850 + 14 = \underline{\quad}$

$8480 \quad 8220 \quad 6864$

$8540 + 81 = \underline{\quad}$

$8530 + 520 = \underline{\quad}$

$8880 + 12 = \underline{\quad}$

$8621 \quad 9050 \quad 8892$

$8380 + 27 = \underline{\quad}$

$7500 + 300 = \underline{\quad}$

$7650 + 550 = \underline{\quad}$

$8407 \quad 7800 \quad 8200$

$8010 + 750 = \underline{\quad}$

$8230 + 30 = \underline{\quad}$

$7550 + 480 = \underline{\quad}$

$8760 \quad 8260 \quad 8030$

$7190 + 78 = \underline{\quad}$

$7470 + 180 = \underline{\quad}$

$8650 + 54 = \underline{\quad}$

$7268 \quad 7650 \quad 8704$

$7050 + 810 = \underline{\quad}$

$6980 + 800 = \underline{\quad}$

$8330 + 65 = \underline{\quad}$

$7860 \quad 7780 \quad 8395$

$7460 + 630 = \underline{\quad}$

$7740 + 59 = \underline{\quad}$

$8450 + 540 = \underline{\quad}$

$8090 \quad 7799 \quad 8990$

## Subtraktion (minus)

$7765 - 35 = \underline{\quad}$

$7910 - 30 = \underline{\quad}$

$8710 - 310 = \underline{\quad}$

$7730 \quad 7880 \quad 8400$

$7680 - 710 = \underline{\quad}$

$7245 - 85 = \underline{\quad}$

$8557 - 97 = \underline{\quad}$

$6970 \quad 7160 \quad 8460$

$7855 - 65 = \underline{\quad}$

$8270 - 480 = \underline{\quad}$

$8980 - 290 = \underline{\quad}$

$7790 \quad 7790 \quad 8690$

$8780 - 840 = \underline{\quad}$

$8490 - 870 = \underline{\quad}$

$7254 - 84 = \underline{\quad}$

$7940 \quad 7620 \quad 7170$

$7970 - 790 = \underline{\quad}$

$7680 - 480 = \underline{\quad}$

$9250 - 660 = \underline{\quad}$

$7180 \quad 7200 \quad 8590$

$8220 - 730 = \underline{\quad}$

$7303 - 63 = \underline{\quad}$

$8846 - 96 = \underline{\quad}$

$7490 \quad 7240 \quad 8750$

$8073 - 83 = \underline{\quad}$

$8160 - 830 = \underline{\quad}$

$8870 - 890 = \underline{\quad}$

$7990 \quad 7330 \quad 7980$

$6985 - 45 = \underline{\quad}$

$8480 - 510 = \underline{\quad}$

$7229 - 89 = \underline{\quad}$

$6940 \quad 7970 \quad 7140$

$7870 - 370 = \underline{\quad}$

$7616 - 76 = \underline{\quad}$

$7530 - 640 = \underline{\quad}$

$7500 \quad 7540 \quad 6890$

$8644 - 64 = \underline{\quad}$

$7077 - 57 = \underline{\quad}$

$9300 - 600 = \underline{\quad}$

$8580 \quad 7020 \quad 8700$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F3.1

# AS F3.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 90-500E-Z und 12-99E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$249 + 42 = \underline{\quad}$

$365 + 740 = \underline{\quad}$

$256 + 20 = \underline{\quad}$

$291 \quad 1105 \quad 276$

$381 + 18 = \underline{\quad}$

$467 + 95 = \underline{\quad}$

$461 + 72 = \underline{\quad}$

$399 \quad 562 \quad 533$

$148 + 460 = \underline{\quad}$

$481 + 910 = \underline{\quad}$

$112 + 52 = \underline{\quad}$

$608 \quad 1391 \quad 164$

$126 + 67 = \underline{\quad}$

$280 + 710 = \underline{\quad}$

$130 + 87 = \underline{\quad}$

$193 \quad 990 \quad 217$

$173 + 29 = \underline{\quad}$

$201 + 460 = \underline{\quad}$

$158 + 480 = \underline{\quad}$

$202 \quad 661 \quad 638$

$472 + 29 = \underline{\quad}$

$194 + 61 = \underline{\quad}$

$215 + 13 = \underline{\quad}$

$501 \quad 255 \quad 228$

$386 + 960 = \underline{\quad}$

$411 + 650 = \underline{\quad}$

$106 + 78 = \underline{\quad}$

$1346 \quad 1061 \quad 184$

$440 + 200 = \underline{\quad}$

$384 + 29 = \underline{\quad}$

$430 + 69 = \underline{\quad}$

$640 \quad 413 \quad 499$

$354 + 42 = \underline{\quad}$

$312 + 86 = \underline{\quad}$

$166 + 940 = \underline{\quad}$

$396 \quad 398 \quad 1106$

$358 + 240 = \underline{\quad}$

$345 + 680 = \underline{\quad}$

$451 + 390 = \underline{\quad}$

$598 \quad 1025 \quad 841$

## Subtraktion (minus)

$254 - 51 = \underline{\quad}$

$913 - 600 = \underline{\quad}$

$1055 - 810 = \underline{\quad}$

$203 \quad 313 \quad 245$

$880 - 790 = \underline{\quad}$

$353 - 59 = \underline{\quad}$

$180 - 41 = \underline{\quad}$

$90 \quad 294 \quad 139$

$389 - 86 = \underline{\quad}$

$432 - 34 = \underline{\quad}$

$191 - 44 = \underline{\quad}$

$303 \quad 398 \quad 147$

$1307 - 880 = \underline{\quad}$

$164 - 38 = \underline{\quad}$

$1003 - 800 = \underline{\quad}$

$427 \quad 126 \quad 203$

$395 - 84 = \underline{\quad}$

$352 - 69 = \underline{\quad}$

$348 - 64 = \underline{\quad}$

$311 \quad 283 \quad 284$

$861 - 380 = \underline{\quad}$

$1007 - 890 = \underline{\quad}$

$982 - 690 = \underline{\quad}$

$481 \quad 117 \quad 292$

$436 - 62 = \underline{\quad}$

$257 - 69 = \underline{\quad}$

$287 - 85 = \underline{\quad}$

$374 \quad 188 \quad 202$

$360 - 85 = \underline{\quad}$

$233 - 29 = \underline{\quad}$

$1169 - 930 = \underline{\quad}$

$275 \quad 204 \quad 239$

$855 - 590 = \underline{\quad}$

$984 - 820 = \underline{\quad}$

$572 - 72 = \underline{\quad}$

$265 \quad 164 \quad 500$

$240 - 74 = \underline{\quad}$

$1035 - 800 = \underline{\quad}$

$489 - 68 = \underline{\quad}$

$166 \quad 235 \quad 421$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F3.2

# AS F3.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 800-999Z-H und 12-99E-Z addieren und subtrahieren.**

## LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

### Addition (plus)

800 + 1800 = _____	8600 + 590 = _____	9230 + 8300 = _____	2600	9190	17530
9240 + 280 = _____	9780 + 640 = _____	924 + 360 = _____	9520	10420	1284
8500 + 750 = _____	911 + 640 = _____	992 + 780 = _____	9250	1551	1772
963 + 670 = _____	933 + 510 = _____	960 + 300 = _____	1633	1443	1260
9910 + 470 = _____	944 + 3700 = _____	982 + 8500 = _____	10380	4644	9482
8960 + 4900 = _____	8660 + 8800 = _____	827 + 520 = _____	13860	17460	1347
9500 + 7200 = _____	8720 + 4000 = _____	894 + 390 = _____	16700	12720	1284
8650 + 6900 = _____	829 + 950 = _____	872 + 4200 = _____	15550	1779	5072
926 + 2800 = _____	970 + 9000 = _____	836 + 380 = _____	3726	9970	1216
8160 + 890 = _____	8940 + 6300 = _____	9400 + 3800 = _____	9050	15240	13200

### Subtraktion (minus)

9890 - 880 = _____	10130 - 300 = _____	1727 - 870 = _____	9010	9830	857
1141 - 210 = _____	9510 - 820 = _____	11440 - 2300 = _____	931	8690	9140
8390 - 390 = _____	15340 - 6500 = _____	9771 - 8900 = _____	8000	8840	871
1091 - 180 = _____	13020 - 5000 = _____	1152 - 250 = _____	911	8020	902
17020 - 8600 = _____	9599 - 8600 = _____	9110 - 650 = _____	8420	999	8460
19610 - 9700 = _____	13050 - 4600 = _____	9087 - 8200 = _____	9910	8450	887
1264 - 360 = _____	9450 - 140 = _____	10290 - 500 = _____	904	9310	9790
9570 - 350 = _____	1390 - 400 = _____	9840 - 350 = _____	9220	990	9490
1452 - 570 = _____	9470 - 430 = _____	1541 - 700 = _____	882	9040	841
9960 - 580 = _____	1915 - 940 = _____	1245 - 300 = _____	9380	975	945

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS FAP3

# AS FAP3

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 5000-35000E-H und 12-100E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

20589 + 8200 = _____	25758 + 95 = _____	11374 + 58 = _____	28789	25853	11432
16274 + 630 = _____	8124 + 45 = _____	32762 + 990 = _____	16904	8169	33752
24081 + 5800 = _____	30210 + 29 = _____	15584 + 300 = _____	29881	30239	15884
6695 + 460 = _____	32024 + 6800 = _____	6790 + 250 = _____	7155	38824	7040
8877 + 770 = _____	15499 + 420 = _____	32269 + 71 = _____	9647	15919	32340
7881 + 400 = _____	28947 + 80 = _____	24168 + 37 = _____	8281	29027	24205
7344 + 510 = _____	5102 + 7900 = _____	6596 + 5100 = _____	7854	13002	11696
10153 + 340 = _____	32761 + 420 = _____	25559 + 8400 = _____	10493	33181	33959
26254 + 3500 = _____	34535 + 17 = _____	8051 + 510 = _____	29754	34552	8561
29998 + 230 = _____	5598 + 19 = _____	8059 + 8200 = _____	30228	5617	16259

## Subtraktion (minus)

10557 - 30 = _____	17747 - 250 = _____	27391 - 7200 = _____	10527	17497	20191
16629 - 200 = _____	13575 - 620 = _____	9644 - 81 = _____	16429	12955	9563
23782 - 76 = _____	15593 - 22 = _____	15465 - 44 = _____	23706	15571	15421
7857 - 300 = _____	19378 - 3000 = _____	7318 - 770 = _____	7557	16378	6548
7682 - 600 = _____	31135 - 18 = _____	5257 - 63 = _____	7082	31117	5194
10921 - 30 = _____	17049 - 1000 = _____	17999 - 9200 = _____	10891	16049	8799
5562 - 130 = _____	32762 - 830 = _____	12687 - 210 = _____	5432	31932	12477
24550 - 18 = _____	18019 - 150 = _____	8648 - 57 = _____	24532	17869	8591
17781 - 590 = _____	32942 - 520 = _____	33634 - 6700 = _____	17191	32422	26934
15043 - 75 = _____	39799 - 7500 = _____	18165 - 690 = _____	14968	32299	17475

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F4.1

# AS F4.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 90-500E und 12-99E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$223 + 65 = \underline{\quad}$

$403 + \underline{\quad} = 495$

$\underline{\quad} + 90 = 544$

$288 \quad 92 \quad 454$

$302 + 75 = \underline{\quad}$

$499 + \underline{\quad} = 565$

$\underline{\quad} + 63 = 466$

$377 \quad 66 \quad 403$

$460 + 51 = \underline{\quad}$

$178 + \underline{\quad} = 272$

$\underline{\quad} + 43 = 390$

$511 \quad 94 \quad 347$

$113 + 55 = \underline{\quad}$

$289 + \underline{\quad} = 380$

$\underline{\quad} + 40 = 444$

$168 \quad 91 \quad 404$

$134 + 93 = \underline{\quad}$

$434 + \underline{\quad} = 475$

$\underline{\quad} + 70 = 406$

$227 \quad 41 \quad 336$

$127 + 19 = \underline{\quad}$

$288 + \underline{\quad} = 310$

$\underline{\quad} + 91 = 189$

$146 \quad 22 \quad 98$

$363 + 36 = \underline{\quad}$

$446 + \underline{\quad} = 525$

$\underline{\quad} + 28 = 495$

$399 \quad 79 \quad 467$

$321 + 38 = \underline{\quad}$

$275 + \underline{\quad} = 295$

$\underline{\quad} + 84 = 560$

$359 \quad 20 \quad 476$

$271 + 13 = \underline{\quad}$

$268 + \underline{\quad} = 287$

$\underline{\quad} + 33 = 190$

$284 \quad 19 \quad 157$

$412 + 95 = \underline{\quad}$

$280 + \underline{\quad} = 342$

$\underline{\quad} + 84 = 299$

$507 \quad 62 \quad 215$

## Subtraktion (minus)

$496 - 13 = \underline{\quad}$

$125 - \underline{\quad} = 104$

$\underline{\quad} - 78 = 169$

$483 \quad 21 \quad 247$

$249 - 83 = \underline{\quad}$

$487 - \underline{\quad} = 403$

$\underline{\quad} - 15 = 187$

$166 \quad 84 \quad 202$

$279 - 29 = \underline{\quad}$

$517 - \underline{\quad} = 446$

$\underline{\quad} - 96 = 183$

$250 \quad 71 \quad 279$

$352 - 38 = \underline{\quad}$

$440 - \underline{\quad} = 346$

$\underline{\quad} - 29 = 224$

$314 \quad 94 \quad 253$

$327 - 48 = \underline{\quad}$

$285 - \underline{\quad} = 226$

$\underline{\quad} - 47 = 295$

$279 \quad 59 \quad 342$

$329 - 25 = \underline{\quad}$

$415 - \underline{\quad} = 384$

$\underline{\quad} - 48 = 290$

$304 \quad 31 \quad 338$

$171 - 38 = \underline{\quad}$

$479 - \underline{\quad} = 387$

$\underline{\quad} - 16 = 171$

$133 \quad 92 \quad 187$

$370 - 79 = \underline{\quad}$

$175 - \underline{\quad} = 156$

$\underline{\quad} - 91 = 291$

$291 \quad 19 \quad 382$

$433 - 91 = \underline{\quad}$

$380 - \underline{\quad} = 357$

$\underline{\quad} - 66 = 104$

$342 \quad 23 \quad 170$

$277 - 46 = \underline{\quad}$

$235 - \underline{\quad} = 172$

$\underline{\quad} - 76 = 115$

$231 \quad 63 \quad 191$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS F4.2

# AS F4.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 800-999Z und 12-99E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$878 + 760 = \underline{\quad}$

$991 + 690 = \underline{\quad}$

$972 + 170 = \underline{\quad}$

$959 + 550 = \underline{\quad}$

$945 + 540 = \underline{\quad}$

$930 + 320 = \underline{\quad}$

$983 + 950 = \underline{\quad}$

$890 + 960 = \underline{\quad}$

$910 + 280 = \underline{\quad}$

$814 + 710 = \underline{\quad}$

$843 + \underline{\quad} = 1143$

$818 + \underline{\quad} = 1478$

$848 + \underline{\quad} = 1368$

$878 + \underline{\quad} = 1398$

$863 + \underline{\quad} = 1453$

$973 + \underline{\quad} = 1963$

$986 + \underline{\quad} = 1876$

$909 + \underline{\quad} = 1569$

$892 + \underline{\quad} = 1602$

$971 + \underline{\quad} = 1721$

$\underline{\quad} + 910 = 1896$

$\underline{\quad} + 870 = 1847$

$\underline{\quad} + 450 = 1383$

$\underline{\quad} + 340 = 1308$

$\underline{\quad} + 130 = 1023$

$\underline{\quad} + 930 = 1743$

$\underline{\quad} + 780 = 1585$

$\underline{\quad} + 820 = 1683$

$\underline{\quad} + 210 = 1131$

$\underline{\quad} + 270 = 1105$

$1638 \quad 300 \quad 986$

$1681 \quad 660 \quad 977$

$1142 \quad 520 \quad 933$

$1509 \quad 520 \quad 968$

$1485 \quad 590 \quad 893$

$1250 \quad 990 \quad 813$

$1933 \quad 890 \quad 805$

$1850 \quad 660 \quad 863$

$1190 \quad 710 \quad 921$

$1524 \quad 750 \quad 835$

## Subtraktion (minus)

$1031 - 160 = \underline{\quad}$

$1256 - 340 = \underline{\quad}$

$1110 - 230 = \underline{\quad}$

$1211 - 230 = \underline{\quad}$

$1136 - 300 = \underline{\quad}$

$1873 - 890 = \underline{\quad}$

$1501 - 660 = \underline{\quad}$

$1829 - 970 = \underline{\quad}$

$1850 - 880 = \underline{\quad}$

$1702 - 770 = \underline{\quad}$

$1383 - \underline{\quad} = 993$

$1450 - \underline{\quad} = 860$

$1069 - \underline{\quad} = 849$

$1379 - \underline{\quad} = 899$

$1678 - \underline{\quad} = 938$

$1186 - \underline{\quad} = 936$

$1813 - \underline{\quad} = 933$

$1691 - \underline{\quad} = 961$

$1647 - \underline{\quad} = 857$

$1411 - \underline{\quad} = 911$

$\underline{\quad} - 930 = 861$

$\underline{\quad} - 790 = 866$

$\underline{\quad} - 910 = 920$

$\underline{\quad} - 130 = 837$

$\underline{\quad} - 980 = 989$

$\underline{\quad} - 550 = 810$

$\underline{\quad} - 390 = 953$

$\underline{\quad} - 520 = 998$

$\underline{\quad} - 280 = 981$

$\underline{\quad} - 180 = 863$

$871 \quad 390 \quad 1791$

$916 \quad 590 \quad 1656$

$880 \quad 220 \quad 1830$

$981 \quad 480 \quad 967$

$836 \quad 740 \quad 1969$

$983 \quad 250 \quad 1360$

$841 \quad 880 \quad 1343$

$859 \quad 730 \quad 1518$

$970 \quad 790 \quad 1261$

$932 \quad 500 \quad 1043$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS FAP4

# AS FAP4

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 681-899E-Z und 12-100Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$8650 + 13 = \underline{\quad}$

$7870 + 95 = \underline{\quad}$

$8190 + 38 = \underline{\quad}$

$7710 + 36 = \underline{\quad}$

$7010 + 940 = \underline{\quad}$

$8790 + 120 = \underline{\quad}$

$7040 + 930 = \underline{\quad}$

$6850 + 630 = \underline{\quad}$

$7700 + 91 = \underline{\quad}$

$8610 + 630 = \underline{\quad}$

$6840 + \underline{\quad} = 7330$

$8050 + \underline{\quad} = 8370$

$7290 + \underline{\quad} = 7335$

$7350 + \underline{\quad} = 7490$

$7660 + \underline{\quad} = 8270$

$8400 + \underline{\quad} = 8462$

$7000 + \underline{\quad} = 7067$

$8620 + \underline{\quad} = 8683$

$7580 + \underline{\quad} = 8500$

$8960 + \underline{\quad} = 9005$

$\underline{\quad} + 710 = 7810$

$\underline{\quad} + 620 = 8520$

$\underline{\quad} + 12 = 7162$

$\underline{\quad} + 690 = 8340$

$\underline{\quad} + 48 = 8518$

$\underline{\quad} + 73 = 7703$

$\underline{\quad} + 630 = 8570$

$\underline{\quad} + 57 = 8137$

$\underline{\quad} + 22 = 8132$

$\underline{\quad} + 72 = 8822$

$8663 \quad 490 \quad 7100$

$7965 \quad 320 \quad 7900$

$8228 \quad 45 \quad 7150$

$7746 \quad 140 \quad 7650$

$7950 \quad 610 \quad 8470$

$8910 \quad 62 \quad 7630$

$7970 \quad 67 \quad 7940$

$7480 \quad 63 \quad 8080$

$7791 \quad 920 \quad 8110$

$9240 \quad 45 \quad 8750$

## Subtraktion (minus)

$7071 - 41 = \underline{\quad}$

$7262 - 22 = \underline{\quad}$

$7831 - 31 = \underline{\quad}$

$9140 - 670 = \underline{\quad}$

$8600 - 620 = \underline{\quad}$

$7531 - 71 = \underline{\quad}$

$7530 - 360 = \underline{\quad}$

$8840 - 290 = \underline{\quad}$

$7350 - 210 = \underline{\quad}$

$7837 - 27 = \underline{\quad}$

$7680 - \underline{\quad} = 7210$

$7895 - \underline{\quad} = 7830$

$8040 - \underline{\quad} = 7720$

$8189 - \underline{\quad} = 8120$

$8304 - \underline{\quad} = 8250$

$8480 - \underline{\quad} = 8080$

$8510 - \underline{\quad} = 8350$

$7770 - \underline{\quad} = 7060$

$7319 - \underline{\quad} = 7290$

$9220 - \underline{\quad} = 8590$

$\underline{\quad} - 76 = 7880$

$\underline{\quad} - 45 = 7990$

$\underline{\quad} - 500 = 8620$

$\underline{\quad} - 14 = 8130$

$\underline{\quad} - 20 = 7970$

$\underline{\quad} - 70 = 7760$

$\underline{\quad} - 970 = 7580$

$\underline{\quad} - 57 = 8220$

$\underline{\quad} - 48 = 8570$

$\underline{\quad} - 73 = 8250$

$7030 \quad 470 \quad 7956$

$7240 \quad 65 \quad 8035$

$7800 \quad 320 \quad 9120$

$8470 \quad 69 \quad 8144$

$7980 \quad 54 \quad 7990$

$7460 \quad 400 \quad 7830$

$7170 \quad 160 \quad 8550$

$8550 \quad 710 \quad 8277$

$7140 \quad 29 \quad 8618$

$7810 \quad 630 \quad 8323$

Übe jeden Tag 10 Minuten:

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# TRAINING Kopf-Rechnen

# AS E1.1

# AS E1.1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 90-500E-Z und 12-99E addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$423 + 82 = \underline{\quad}$

$175 + 550 = \underline{\quad}$

$382 + 780 = \underline{\quad}$

$112 + 320 = \underline{\quad}$

$353 + 70 = \underline{\quad}$

$284 + 390 = \underline{\quad}$

$455 + 57 = \underline{\quad}$

$441 + 140 = \underline{\quad}$

$293 + 820 = \underline{\quad}$

$252 + 140 = \underline{\quad}$

$469 + \underline{\quad} = 495$

$332 + \underline{\quad} = 428$

$103 + \underline{\quad} = 129$

$417 + \underline{\quad} = 1247$

$468 + \underline{\quad} = 551$

$191 + \underline{\quad} = 261$

$238 + \underline{\quad} = 1168$

$162 + \underline{\quad} = 842$

$476 + \underline{\quad} = 520$

$488 + \underline{\quad} = 520$

$\underline{\quad} + 860 = 991$

$\underline{\quad} + 280 = 569$

$\underline{\quad} + 850 = 1221$

$\underline{\quad} + 79 = 563$

$\underline{\quad} + 720 = 1102$

$\underline{\quad} + 180 = 330$

$\underline{\quad} + 15 = 293$

$\underline{\quad} + 460 = 800$

$\underline{\quad} + 220 = 345$

$\underline{\quad} + 47 = 263$

$505 \quad 26 \quad 131$

$725 \quad 96 \quad 289$

$1162 \quad 26 \quad 371$

$432 \quad 830 \quad 484$

$423 \quad 83 \quad 382$

$674 \quad 70 \quad 150$

$512 \quad 930 \quad 278$

$581 \quad 680 \quad 340$

$1113 \quad 44 \quad 125$

$392 \quad 32 \quad 216$

## Subtraktion (minus)

$1102 - 910 = \underline{\quad}$

$254 - 80 = \underline{\quad}$

$442 - 36 = \underline{\quad}$

$436 - 52 = \underline{\quad}$

$190 - 44 = \underline{\quad}$

$1259 - 950 = \underline{\quad}$

$562 - 450 = \underline{\quad}$

$725 - 510 = \underline{\quad}$

$379 - 84 = \underline{\quad}$

$175 - 83 = \underline{\quad}$

$420 - \underline{\quad} = 150$

$706 - \underline{\quad} = 476$

$323 - \underline{\quad} = 230$

$385 - \underline{\quad} = 286$

$1308 - \underline{\quad} = 498$

$469 - \underline{\quad} = 445$

$651 - \underline{\quad} = 261$

$544 - \underline{\quad} = 483$

$804 - \underline{\quad} = 374$

$392 - \underline{\quad} = 337$

$\underline{\quad} - 400 = 488$

$\underline{\quad} - 89 = 202$

$\underline{\quad} - 76 = 122$

$\underline{\quad} - 13 = 378$

$\underline{\quad} - 910 = 151$

$\underline{\quad} - 760 = 311$

$\underline{\quad} - 62 = 137$

$\underline{\quad} - 210 = 226$

$\underline{\quad} - 82 = 239$

$\underline{\quad} - 710 = 210$

$192 \quad 270 \quad 888$

$174 \quad 230 \quad 291$

$406 \quad 93 \quad 198$

$384 \quad 99 \quad 391$

$146 \quad 810 \quad 1061$

$309 \quad 24 \quad 1071$

$112 \quad 390 \quad 199$

$215 \quad 61 \quad 436$

$295 \quad 430 \quad 321$

$92 \quad 55 \quad 920$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS E1.2

# AS E1.2

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 800-999Z-H und 12-99E-Z addieren und subtrahieren.**

LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

## Addition (plus)

$9940 + 8200 = \underline{\quad}$

$8850 + 9100 = \underline{\quad}$

$896 + 130 = \underline{\quad}$

$9530 + 5400 = \underline{\quad}$

$902 + 5000 = \underline{\quad}$

$931 + 270 = \underline{\quad}$

$8970 + 9500 = \underline{\quad}$

$978 + 590 = \underline{\quad}$

$986 + 560 = \underline{\quad}$

$8480 + 850 = \underline{\quad}$

$8950 + \underline{\quad} = 10650$

$9950 + \underline{\quad} = 10730$

$9600 + \underline{\quad} = 10490$

$9040 + \underline{\quad} = 14040$

$843 + \underline{\quad} = 1053$

$850 + \underline{\quad} = 1400$

$946 + \underline{\quad} = 1136$

$9470 + \underline{\quad} = 10220$

$9630 + \underline{\quad} = 14130$

$9940 + \underline{\quad} = 10810$

$\underline{\quad} + 330 = 8840$

$\underline{\quad} + 4400 = 13080$

$\underline{\quad} + 830 = 10250$

$\underline{\quad} + 2700 = 3576$

$\underline{\quad} + 560 = 1555$

$\underline{\quad} + 9700 = 18880$

$\underline{\quad} + 4900 = 14810$

$\underline{\quad} + 5100 = 6078$

$\underline{\quad} + 560 = 9300$

$\underline{\quad} + 3900 = 4844$

$18140 \quad 1700 \quad 8510$

$17950 \quad 780 \quad 8680$

$1026 \quad 890 \quad 9420$

$14930 \quad 5000 \quad 876$

$5902 \quad 210 \quad 995$

$1201 \quad 550 \quad 9180$

$18470 \quad 190 \quad 9910$

$1568 \quad 750 \quad 978$

$1546 \quad 4500 \quad 8740$

$9330 \quad 870 \quad 944$

## Subtraktion (minus)

$8700 - 220 = \underline{\quad}$

$9799 - 8800 = \underline{\quad}$

$4191 - 3300 = \underline{\quad}$

$8930 - 230 = \underline{\quad}$

$9450 - 370 = \underline{\quad}$

$9490 - 980 = \underline{\quad}$

$1366 - 480 = \underline{\quad}$

$1537 - 660 = \underline{\quad}$

$1817 - 860 = \underline{\quad}$

$3152 - 2200 = \underline{\quad}$

$9650 - \underline{\quad} = 8950$

$17950 - \underline{\quad} = 9650$

$13310 - \underline{\quad} = 8010$

$9550 - \underline{\quad} = 9390$

$1149 - \underline{\quad} = 819$

$10430 - \underline{\quad} = 9880$

$14040 - \underline{\quad} = 9940$

$1021 - \underline{\quad} = 821$

$11430 - \underline{\quad} = 8430$

$17270 - \underline{\quad} = 9570$

$\underline{\quad} - 630 = 819$

$\underline{\quad} - 740 = 809$

$\underline{\quad} - 140 = 9480$

$\underline{\quad} - 270 = 8880$

$\underline{\quad} - 140 = 9320$

$\underline{\quad} - 440 = 9910$

$\underline{\quad} - 4100 = 8780$

$\underline{\quad} - 480 = 9130$

$\underline{\quad} - 9600 = 8580$

$\underline{\quad} - 650 = 8650$

$8480 \quad 700 \quad 1449$

$999 \quad 8300 \quad 1549$

$891 \quad 5300 \quad 9620$

$8700 \quad 160 \quad 9150$

$9080 \quad 330 \quad 9460$

$8510 \quad 550 \quad 10350$

$886 \quad 4100 \quad 12880$

$877 \quad 200 \quad 9610$

$957 \quad 3000 \quad 18180$

$952 \quad 7700 \quad 9300$

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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# TRAINING Kopf-Rechnen

# AS EAP1

# AS EAP1

Name: .....

erhalten am: .....

Test am: .....

Name: .....

**Ich kann die Zahlen 5000-35000E-H und 12-100E addieren und subtrahieren.**

## LÖSUNGEN

Ich übe: mit dem Finger, mit Notizblatt, mit Kärtchen, mit Abfragen.

### Addition (plus)

15355 + 710 = ___	13251 + ___ = 13921	___ + 3200 = 19341	16065	670	16141
29809 + 16 = ___	31128 + ___ = 35228	___ + 5400 = 14929	29825	4100	9529
21850 + 360 = ___	21619 + ___ = 22509	___ + 9400 = 33356	22210	890	23956
12641 + 67 = ___	5911 + ___ = 14211	___ + 62 = 10083	12708	8300	10021
10150 + 9700 = ___	11358 + ___ = 11968	___ + 720 = 15131	19850	610	14411
16105 + 380 = ___	13173 + ___ = 13703	___ + 56 = 21665	16485	530	21609
8417 + 9400 = ___	33889 + ___ = 34479	___ + 65 = 34606	17817	590	34541
14071 + 9000 = ___	11387 + ___ = 12327	___ + 28 = 25325	23071	940	25297
9969 + 2200 = ___	25583 + ___ = 25615	___ + 220 = 15219	12169	32	14999
11821 + 80 = ___	6044 + ___ = 9844	___ + 830 = 8937	11901	3800	8107

### Subtraktion (minus)

7537 - 51 = ___	22987 - ___ = 22157	___ - 89 = 24980	7486	830	25069
24586 - 380 = ___	33883 - ___ = 33093	___ - 650 = 15209	24206	790	15859
6766 - 480 = ___	19715 - ___ = 19678	___ - 2200 = 30327	6286	37	32527
6731 - 280 = ___	31370 - ___ = 29870	___ - 130 = 10687	6451	1500	10817
7530 - 170 = ___	5103 - ___ = 5079	___ - 6100 = 13088	7360	24	19188
29327 - 780 = ___	15274 - ___ = 15220	___ - 40 = 23558	28547	54	23598
19196 - 320 = ___	18188 - ___ = 18107	___ - 790 = 34758	18876	81	35548
19845 - 500 = ___	33845 - ___ = 27645	___ - 130 = 6452	19345	6200	6582
43495 - 9300 = ___	10152 - ___ = 10060	___ - 310 = 6112	34195	92	6422
29289 - 290 = ___	12919 - ___ = 12854	___ - 450 = 21025	28999	65	21475

Übe jeden Tag 10 Minuten:

Mo:	Di:	Mi:	Do:	Fr:	Sa:
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